

Enhancing Gambling/Gaming Addiction Services for Neurodivergent Individuals through Foundational Skills

Thursday, September 19th, 2024
10:15 am – 11:45 am

Meet your presenters:



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Jessica



CPAC Chopra

@steak_ham



If anyone ever feels depressed or defeated, get help. It's easy. Just look up which therapists are in your insurer's network. They won't be, but keep trying. If they are, ask if they're seeing new patients. They won't be. If they are, simply show up and pay the \$350 copay,

8/3/18, 1:06 PM



Kitty



Ryan Wilson · 3m

...

@hailseitan.bsky.soc...

I'll tell you this homie... it's a lot easier to feel happiness when your bills are paid, and you know you got a roof over your head and food to eat. So, the moral, while it may not be able to buy happiness it does allow you the material basics to allow you room for happiness.

What's your hot take?



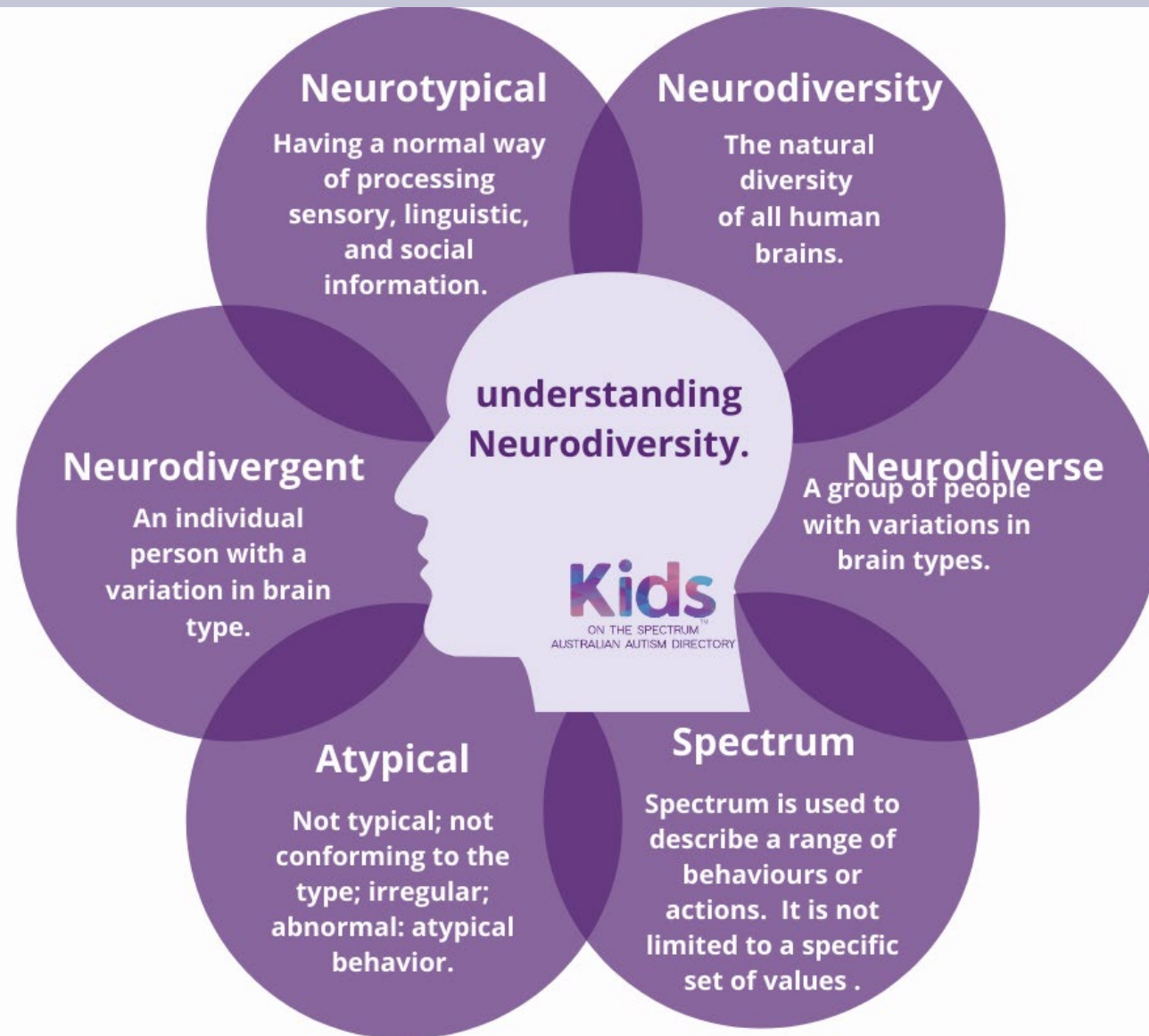
Laziness Does Not Exist:



"I think animals help us remember that we shouldn't have to earn our right to exist. We're fine and beautiful and completely lovable when we're just sitting on the couch just breathing. And if we can feel that way about animals that we love and about, you know, relatives that we love, people in our lives who we never judged by their productive capacity, then we can start thinking of ourselves that way, too." - Devon Price

<https://www.npr.org/2021/09/24/1039676445/laziness-does-not-exist-devon-price>

Definitions:



Self diagnosis is valid

SOME DISABILITIES LOOK LIKE THIS



OTHERS LOOK LIKE THIS



NOT ALL DISABILITIES ARE VISIBLE

Common Co-Occurring Disorders

Not recognized in
the DSM-5-TR

- “Game-bling”

Combination of Gambling and Gaming

*Made-up,
colloquial
terms*

- “AuDHD” or “AuDD”

Combination of Autism (ASD) and Attention Deficit (ADHD)

Common Co-Occurring Disorders (alongside Gambling Disorder)

- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- Internet Gaming Disorder (IGD) – (“Further Research” section)
- Substance Use Disorders
(higher prevalence of Alcohol & Stimulant Use Disorders)
- Process Addictions not currently recognized in the DSM-5-TR

Common Co-Occurring Diagnosis (alongside Gambling Disorder)

- Generalized Anxiety Disorder and Social Anxiety Disorder
- PTSD / complex-PTSD
(c-PTSD is not currently recognized in the DSM-5-TR)
- Major Depressive Disorder
- Bipolar I and II Disorder(s)

Why we are here.

FIGURE 1

Enablers of neurodivergent professionals' success in the workplace

Revisit the hiring process	Create a conducive work environment	Provide tailored career journeys
<ul style="list-style-type: none">• <i>Cast a wider net</i>• <i>Evaluate screening criteria and process</i>• <i>Reinvent the interview</i>• <i>Expand the roles available</i>	<ul style="list-style-type: none">• <i>Respect individual differences</i>• <i>Provide a mentor (and a buddy)</i>• <i>Create a culture that offers, encourages, and accepts both flexibility and inflexibility</i>	<ul style="list-style-type: none">• <i>Frame organizational policies to support neurodiversity</i>• <i>Do not predefine what success/growth should look like</i>• <i>Offer opportunities to mentor and coach</i>

Source: Deloitte analysis.

Mental Status Exam

1. APPEARANCE

Examples: Well Groomed, Casually Dressed, Disheveled, Looks Younger than Stated



2. BEHAVIOR

Examples: Friendly, Irritable, Calm, Angry, Guarded



3. SPEECH & LANGUAGE

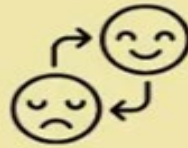
Examples: Pressured, Rapid, Slurred, Difficulty Repeating Phrases



Mental Status Exam

4. MOOD

Examples: Elevated, Depressed, Irritable, Anxious, Euphoric



5. AFFECT

Examples: Flat, Blunted, Congruent, Labile, Apathetic, Inappropriate



6. THOUGHT PROCESS

Examples: Flight of Ideas, Disorganized, Thought Blocking



7. THOUGHT CONTENT

Examples: Psychosis, Hallucinations, Delusions, Obsessions, Paranoia



Mental Status Exam

8. SUICIDAL/HOMICIDAL

Examples: Not Suicidal, Ideas, Intent, Plan, Homicidal Intent Reported



9. COGNITION/DEMENTIA/I.Q.

Examples: Orientation, Delayed Recall, Recent Memory, Abstract Reasoning



10. INSIGHT/JUDGMENT

Examples: Poor, Limited, Fair, Absent, Partial, Impaired, Inflated



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Spoons.

Spoon Theory

If you had 12 spoons today how would you use them?



- ☐ Get out of bed
- ☐ Make a phone call
- ☐ Get dressed



- ☐ Take a shower
- ☐ Manage meds
- ☐ Walk the dog

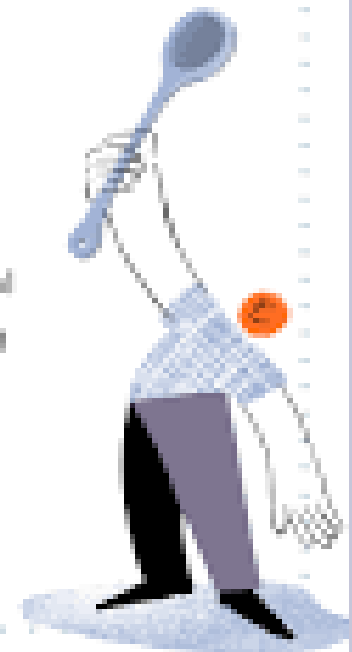


- ☐ Cook a meal
- ☐ Doctors appointment
- ☐ Socialize



- ☐ Go to work/school
- ☐ Grocery shopping
- ☐ Exercise

**Stuff
That
Works.**





We all have scissor hands –

Scissor hands:

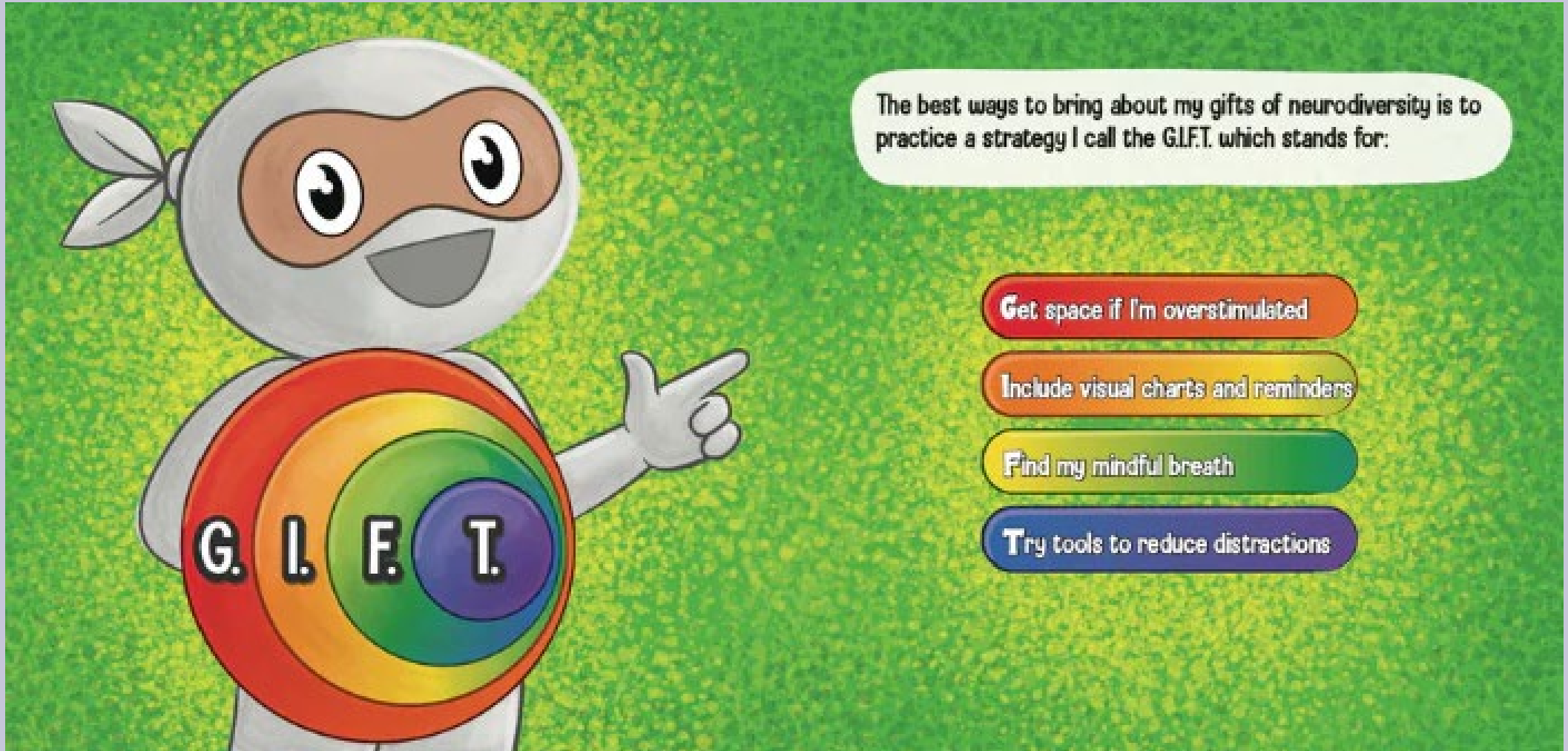
- 1) Are unfamiliar / confusing / awkward
- 2) Are stigmatized / vilified
- 3) Are an amazing gift
- 4) Can harm others
- 5) Can harm Edward (or the person with the scissor hands)



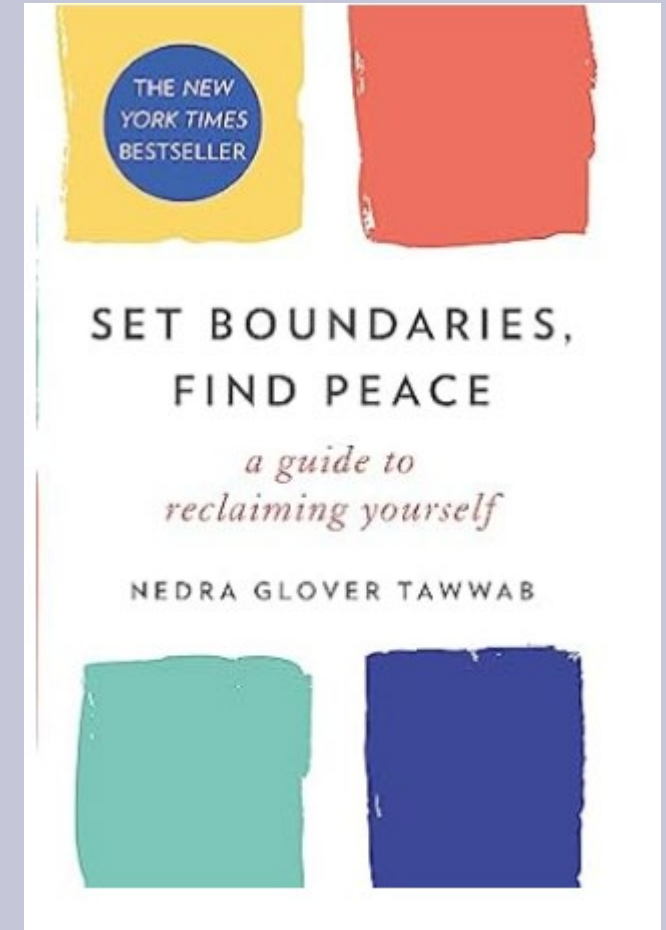
Computers/Technology



Flexibility/Availability



Boundaries.



What we do.



By: Gareth Williams

Intersectionality.



Relational – thus peer work



Thank you.



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