

Cultural Awareness and Healing Support Conference

FOUR DIRECTIONS

ABOUT THE CONFERENCE

The **Four Directions** conference has grown so much since it was first launched in 2009. Perhaps more importantly, the **Four Directions** conference has expanded its scope and purpose over the more than 15 years since it began. In the spirit of promoting community wellness and individual holistic health that is a long-standing tradition of Tribal communities, today's **Four Directions** conference is the result of collaborative partnerships with representatives from many Tribal Nations, BIPOC communities, Peer and Recovery Support Service Providers, LGBTQIA+ and Two-Spirit Members, Veterans/Active Duty/Military Families, and more. It is a true vision of **Honoring Our Past and Protecting Our Future** – TOGETHER – with inclusive and collaborative efforts and respect for individuals, families, and communities as a whole through Spiritual, Mental, Emotional, and Physical wellbeing.

We invite you to join in a fantastic celebration as our **Four Directions** conference gathers for training, professional development opportunities, networking, learning, sharing successes and challenges, and celebrating together at Little Creek Casino Resort. This year, our Community Celebration Dinner truly highlights the theme of **Protecting and Recognizing our Future** – with special performances by youth groups sharing their artistic representations of cultural traditions. You won't want to miss this Community Event on Wednesday, September 18, when youth groups such as Kids in Concert perform with Suquamish Tribal member Max Dawes conducting and our friend Swil Kanim overseeing the evening's performances.

Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honor the traditional heritage of many cultures, your journey at **Four Directions** will illuminate your work and your life.

Presented By



EVERGREEN
council on problem gambling



Insightful, Engaged, and Inspired Networks

Scan this code to see a list of our social accounts. We hope you can join us in raising awareness for Problem Gambling and Gaming.



PRE-CONFERENCE SCHEDULE* AT-A-GLANCE

Monday, September 16 - Pre-Conference		
7-7:45 a.m.	Breakfast and Registration	
8 a.m. – Noon	Wiley Harwell, D.MIN, LPC, ICGC-II, BACC, CGT	<i>Spirituality (Part 1)</i>
8 a.m. – Noon	Fern Renville	<i>Centering Traditional Practices for Impactful Youth Programming</i>
Noon-12:45 p.m.	Lunch Break/Exhibits	
12:45-2:45 p.m.	Wiley Harwell, D.MIN, LPC, ICGC-II, BACC, CGT	<i>Spirituality (Part 2)</i>
12:45-2:45 p.m.	Karen Hlady, MA, GIS, IGDC	<i>Culture as a Leading Social Determinant of Health</i>
2:45-3 p.m.	Break/Exhibits	
3-5 p.m.	Ken Litwak, MS, LISAC, LCADC, ICGC-II, CCTP, IGDC	<i>Gaming and Gambling: Going Beyond the Certification</i>
3-5 p.m.	Lisa Najavits, PhD	<i>Finding Your Best Self: An Addiction and/or Trauma Model for Self-help, Peers, Families, and Professionals</i>

Tuesday, September 17 - Pre-Conference		
7-7:45 a.m.	Registration and Breakfast	
8 a.m. – Noon	Roger Fernandes	<i>S-Jewel: The Spirits of Creation in Storytelling and Art</i>
8 a.m. – Noon	River McKenzie, QMHA, BA and Oblio Stroyman, LMFT, CGAC II, ICGC II, BACC	<i>The Rainbow Connection: Unpacking Bias and Serving 2SLGBTQIA+ Communities</i>
Noon – 12:45 p.m.	Lunch Break/Exhibits	
12:45-2:45 p.m.	Sarah Gaer, MA	<i>Professional Burnout, Soul Exhaustion and Soul Care</i>
12:45-2:45 p.m.	Dan Overton, MC, LMHC	<i>Impact-Brain Injury's Effect of Substance Use Disorder and Successful Rehabilitation</i>
2:45-3 p.m.	Break/Exhibits	
3-5 p.m.	Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC	<i>Hope & Healing: Roadblocks and Resources</i>
3-5 p.m.	Dan Overton, MC, LMHC	<i>Straight Talk for Thinking Straight – Brain Injury and its Effects on Intimate Partner Violence</i>
3-5 p.m.	Leon Leader Charge, MA	<i>Intersection of Evidence Based Interventions and Indigenous Traditional Healing</i>

BECOME AN EXHIBITOR! Showcase your products and services in our expo area. | Contact us for more information: pshah@evergreencpg.org

COMMUNITY CELEBRATION EVENT

Community connects us, supports us, and is essential to our well being. As we come together at **Four Directions**, we share the rich resources of wisdom and experience as we work with and learn from each other. It is also important to take time to share laughter, break bread, and celebrate. This year's Community Dinner Event is an opportunity to celebrate the best of the future – highlighting performances by Kids in Concert with Max Dawes conducting. Other featured youth groups including Folklorico dancers, Drum groups, Young Adult Poets. Native storyteller, army veteran, and world class virtuoso violinist Swil Kanim will emcee this celebration that brings us together to enjoy traditional and contemporary music, dance, and performance art. Bring your drum, flute, or even your violin, and join in the experience if you'd like!

COMMUNITY CELEBRATION EVENT

Wednesday, September 18, 6 - 8:30 pm









MAIN CONFERENCE SCHEDULE* AT-A-GLANCE

Wednesday, September 18 Main Conference		
7-8:15 a.m.	Registration and Breakfast	
8:30-10:15 a.m.	Opening Ceremony/Welcome and Keynote	
	Keynote: Sarah Gaer, MA	<i>Soul Exhaustion: Beyond the Medical Model</i>
10:15-10:30 a.m.	Break/Exhibits	
10:30 a.m. – Noon	Maxine Henry, MSW, MBA	<i>Behavioral Health in the Latine Community: Expanding Meaningful Equity in Addiction and Recovery Service Delivery for Diverse Communities</i>
10:30 a.m. – Noon	Kobie West, DHS, MS, LADC-S, CPGC-S	<i>Clinical Differences in Treatment Casino and Non-Casino Workers</i>
10:30 a.m. – Noon	Ken Martz, PsyD, CAS, IGCC-II, BACC and Rob Minnick	<i>Breaking the Cycle: A Journey from Gambling Disorder to Lasting Recovery</i>
Noon - 12:15 p.m.	Break/Exhibits	
12:15 – 1:45 p.m.	Prayer/Lunch/ Announcements/Plenary	
	Swil Kanim	<i>The Qualitative Expression of Being</i>
1:45-2 p.m.	Break/Exhibits	
2-3:30 p.m.	Shannon Solie, LMHC, CPT	<i>Creating Decolonized Relations</i>
2-3:30 p.m.	Ken Martz, PsyD, CAS, IGCC-II, BACC	<i>Healing Harmonies: Harnessing History and Holism in Gambling Recovery</i>
2-3:30 p.m.	Gene Tagaban	<i>Creating a Healthy Community</i>
3:30-3:45p.m.	Break/Exhibits	
3:45-5:15 p.m.	Plenary Session	
	<i>Screenagers Next Chapter: Mental Health in the Digital Age</i>	
6-8:30 p.m.	Community Celebration Event and Dinner	

Thursday, September 19 Main Conference		
7-8:15 a.m.	Registration and Breakfast	
8:30-9:45 a.m.	Welcome, Announcements, and Keynote	
	Keynote: Ty Lostutter, PhD	<i>Building a Therapeutic Partnership: Guiding Gambling Clients to Recovery</i>
9:45-10:15 a.m.	Break/Exhibits/Hotel Check out	
10:15 – 11:45 a.m.	Jerry Bauerkemper, BS	<i>Fantasy and Cognitive Distortions in Developing and Recovery of Disordered Gambling</i>
10:15 – 11:45 a.m.	John Dennem, MA, CADC-II, LPCC, USN(Ret) and Daniel J Prescott, MSW, MNLM, MA, ASW	<i>U.S. Addiction Work Force: Beliefs and Social Influence Impact and Personal and Professional Development - A Holistic Approach</i>
10:15 – 11:45 a.m.	Kitty Martz, CGRM, CGAC-II, MBA and Jessica Ferrante, LPC, CGAC-II, CADC-II	<i>Neurodiversity: Enhancing Addiction Services Through Foundational Skills</i>
11:45 a.m. - Noon	Break/Exhibits	
Noon – 12:30 p.m.	Lunch/Announcements and Awards	
12:30 – 1:45 p.m.	Roundtables	Discussions on Trending Topics
1:45-2 p.m.	Break/Exhibits	
2 – 3 p.m.	Kristen Beall, LCSW-C, ICGC-I, CAC-AD, MD	<i>The Intersection of Gambling and Domestic Violence: Empowering Survivors</i>
2 – 3 p.m.	Bobbie Bailey and Ayanna Pasha	<i>Telling Effective Stories in Problem Gambling</i>
2 – 3 p.m.	Dan Overton, MC, LMHC	<i>Back in the World – Veterans and Brain Injury</i>
2 – 3 p.m.	Brad Galvin, MS, LMHC, LPC, SUDP, ICGC-II	<i>Helping Clients Help Themselves: Navigating the Inner Landscape Using EMDR and IFS-Based Tools</i>
3- 3:15 p.m.	Break/Exhibits	
3:15- 5 p.m.	Tanna Engdahl	<i>Talking Circle Traditions for Treatment and Healing</i>

*Schedule is subject to change. Visit www.evergreencpg.org for the latest schedule updates!

GENERAL CONFERENCE INFORMATION

CONFERENCE REGISTRATION DEADLINES



- Early Bird registration deadline is **Thursday, August 29, 2024**.
- Regular registration deadline is **Tuesday, September 10, 2024**.
- On-site registration only after **Tuesday, September 10, 2024**. Please do not mail, email, fax, or drop off registration after this date. Visa® or MasterCard® credit or debit cards will be accepted for on-site payment at the conference.

Fill out the attached registration form (page 5) or visit www.evergreencpg.org to register. Call 360.352.6133 if you need assistance.

CONFERENCE SCHOLARSHIPS

Scholarship opportunities available for Washington State gambling treatment providers, prevention specialists, peer/recovery coaches, and students/professors in behavioral health, addictions, and counseling programs!



Thanks to partnerships with Washington State Health Care Authority and Recovery Café Network, ECPG offers a limited number of scholarships. Scholarships include full registration fee and hotel stipend (\$75 per night, up to three nights at the conference hotel only.) Treatment providers also receive support for their Washington State Gambling Counselor Certification application fee. Do you work specifically with underserved populations or in rural geographic areas where services are hard to find? Contact our staff to learn about Enhanced Scholarship opportunities.



The deadline to apply is Tuesday, September 10; applications received after that date will be considered only if funding is still available. Call 360.352.6133 or visit www.evergreencpg.org for more details.

RECOVERY AMBASSADORS OFFER SUPPORT AND COMMUNITY

Individual and community health and wellness is key to ECPG's Mission. For that reason, our council offers a wide variety of training, outreach, and community support programs, including several multi-day training conference each year. We are honored to have partners at Tribal Nations, Tribal Behavioral Health and Family Wellness programs, and Tribal Casino who want to support these efforts. We all play a role and share a responsibility in supporting the communities we serve. We also understand that, for some in recovery, attending a training event at a casino may be triggering or, because of choices to participate in voluntary self-exclusion programs, may not be possible. We respect and recognize that everyone's journey is different and want to offer support for all our attendees throughout the year.

We'll Walk With You

While you're attending *Four Directions*, please practice self-care and take a break if needed. Need something more? Peer and Counselor Recovery Ambassadors will be available to offer support and to walk with you – figuratively and literally. Need a friendly face – a supportive person to talk to or walk with while you attend sessions in the meeting space or travel between the hotel and event sites? Just let any ECPG staff member know, or look for the Recovery Ambassadors wearing special identification Buttons/Badges.



HOTEL ACCOMMODATIONS

We have reserved a block of rooms for conference attendees at very special rates at the beautiful Little Creek Casino resort. Conference rates are offered to attendees based on availability. Room quantities are limited, so reserve your room early. All guest rooms include high-speed internet, personal coffee makers, flat panel TVs featuring HD and expanded channels.



91 W State Route 108
Shelton, WA 98584

**Special rate cut-off date is
September 10, 2024**

Conference Guest Room Rates:

\$134/night plus tax – Standard King/Double Queen
\$154/night plus tax – Premium King/Double Queen

Reservation Options:

- Call Little Creek Casino Resort Central Reservations at 800.667.7711, and mention our room block name (*Four Directions 2024*).
- Create an online reservation here, typing in our Group Code (**091524ECPG**), and our Group Password (**EVERGREEN**). It will then list the room types and options you can select.

Cultural Awareness and Healing Support Conference

FOUR DIRECTIONS

REGISTRATION FORM

Register online at www.evergreencpg.org | DEADLINE IS SEPTEMBER 10, 2024

REGISTRANT INFORMATION

Name: _____ Credentials: _____

Position / Title: _____ Agency / Organization: _____

Address: _____

City: _____ State/Province: _____ Zip / Postal Code: _____

Day phone: _____ Cell/Alternate phone: _____

Email address: _____

REGISTRATION OPTIONS

ATTENDANCE OPTIONS & PRICING

(Registration fees include breakfast and lunch each day)

	Early Bird ECPG Associate - By August 29 -	Early Bird Non-Associate - By August 29 -	ECPG Associate - After August 29 -	Non-Associate - After August 29 -	Student - By August 29 -	On-site Only - After September 10 -
<input type="checkbox"/> One-day Pre-conference Workshops (Choose: <input type="checkbox"/> September 16 -OR- <input type="checkbox"/> September 17)	\$100	\$120	\$120	\$140	\$75	\$165
<input type="checkbox"/> Two-day Pre-conference Workshops (September 16 and 17)	\$150	\$170	\$170	\$190	\$95	\$215
<input type="checkbox"/> Three-Day : Choose One day Pre-conference Workshops (Choose: <input type="checkbox"/> September 16 -OR- <input type="checkbox"/> September 17) Plus, Main Conference (September 18 and 19)	\$250	\$285	\$285	\$315	\$160	\$350
<input type="checkbox"/> Four Directions Two-day Main Conference (September 18 and 19)	\$200	\$225	\$225	\$250	\$135	\$305
<input type="checkbox"/> All Four Days Four Directions Pre-conference Workshops + Two-day Main Conference (September 16-19)	\$295	\$330	\$330	\$365	\$195	\$395

Guest Meals (Breakfast and Lunch): _____ Adults @ \$75/day = \$ _____ Children (8-12 years of age*) @ \$50/day = \$ _____

Community Dinner Event (included in registration fee for Full and Main Conference, RSVP required): yes, I will attend no, I will not attend

Guests - Community Event (RSVP required): _____ Adults @ \$59 = \$ _____ Children (8-12 years of age*) @ \$39 = \$ _____

*We are unable to accommodate children younger than 8 years old.

Would you like to be added to ECPG's mailing list?

Yes, please No, thank you

We have your permission to use media that may include your image unless otherwise specified.

YES! I'D LIKE TO BECOME AN ECPG ASSOCIATE AND SAVE ON MY REGISTRATION! (see reverse for Associate form)

- **CANCELLATION POLICY:** Refunds will be issued, less a \$50 administrative fee, if received in writing by **September 8, 2024**. Refunds will not be issued after that date.
- Students must provide proof of current enrollment.
- To become an ECPG Associate, fill out the application on the Special Associate Offer page or visit www.evergreencpg.org/ECPGAssociate.

DIETARY RESTRICTIONS and/or DISABILITIES (Please note - only the following dietary restrictions can be accommodated)

I have the following dietary restrictions: Gluten-Free Low Sodium Nut Allergy Sugar-Free Vegan Vegetarian

I require the following under the Americans with Disabilities Act: _____

METHOD OF PAYMENT

Visa® MasterCard® Money Order

Credit Card #: _____

Check # (US dollars only): _____
Make checks payable to Evergreen Council on Problem Gambling

Expiration: _____ CVC _____ Billing Zip: _____
(3 digits on back of credit card)

Name on check: _____
(if different from registrant)

Signature: _____

MAIL, EMAIL, FAX, OR DROP OFF THIS FORM WITH PAYMENT TO:

Evergreen Council on Problem Gambling

1821 Fourth Avenue East | Olympia, WA 98506

P: 360.352.6133 | F: 360.352.4133 | pshah@evergreencpg.org



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SPECIAL ASSOCIATE/MEMBER OFFER

Join both  **EVERGREEN** council on problem gambling and  **NCPG** and save up to **\$55!**

That's like becoming an ECPG Associate FREE!

As an ECPG Associate, you'll receive Associate discounted rates on all of our Quarterly Trainings and Conferences - all of which offer Continuing Education Units from many association and certification boards, such as:

- Mental Health and Addiction Certification Board of Oregon (MHACBO)
- American Academy of Health Care Providers in Addictive Disorders (AAHCPAD)
 - The Association for Addiction Professionals (NAADAC)
- International Gambling Counselor Certification Board (IGCCB)

ECPG Individual Associate benefits also include discounts on Certification Training Workshops, a subscription to our Quarterly Newsletter, and an Associate Certificate suitable for display.

NEW ASSOCIATE INFORMATION

Name: _____	Company: _____
Address: _____	Apt./Suite: _____
City: _____	State/Province: _____
Phone: _____	Zip/Postal: _____
Fax: _____	
Email address: _____	
<i>All fields are required</i>	

ASSOCIATE OPTIONS

- \$39 USD** ECPG Associate
 \$25 USD ECPG Prime Associate—Age 65+
 \$20 USD ECPG Student Associate

Special Associate discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and an Associate certificate.

- \$84 USD** Joint ECPG Associate & NCPG Individual Membership—Includes ECPG Associate benefits plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This special offer is a \$129 value! The cost of NCPG Individual Membership alone is \$80 when purchased directly. Save \$45 through ECPG!
- \$124 USD** Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG Associate & NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This special offer is a \$179 value! The cost of NCPG Individual Plus Membership alone is \$125 when purchased directly. Save \$55 through ECPG!
- New Organizational Associates**—If your organization, company, or agency is interested in organizational benefits, please contact Maureen Greeley at mlgreeley@evergreencpg.org

PAYMENT OPTIONS

Today's Date: _____	Credit Card #: _____
Method of Payment: <input type="checkbox"/> Visa® <input type="checkbox"/> MasterCard® <input type="checkbox"/> Money Order	Expiration Date: _____ CVC: _____ Billing Zip: _____
Check # (US dollars only): _____	<small>(3 digits on back of credit card)</small>
<small>Checks payable to Evergreen Council on Problem Gambling</small>	Signature: _____

CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. ECPG provides confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133) via phone, text, and chat, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.



EVERGREEN
council on problem gambling

The Council offers support for residential and outpatient treatment for those affected by gambling and their loved ones, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call the ECPG office at 360.352.6133.

CONFERENCE HOST



SQUAXIN ISLAND TRIBE



Squaxin Island Tribe People of the Water

We are descendants of the maritime people who lived and prospered along the shores of the southernmost inlets of the Salish Sea for untold centuries. Because of our strong cultural connection with the water, we are also known as the People of the Water. We are the Noo-Seh-Chatl of Henderson Inlet; Steh-Chass of Budd Inlet; Squi-Aitl of Eld Inlet; Sawamish/T'Peeksin of Totten Inlet; Sa-He-Wa-Mish of Hammersley Inlet; Squawskin of Case Inlet; and S'Hotle-Ma-Mish of Carr Inlet.

CONTINUING EDUCATION UNITS

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State Gambling Counselor Certification Committee and the International Gambling Counselor Certification Board. Please visit evergreencpg.org and igccb.org for a full list of all Certification requirements. Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the International Gambling Counselor Certification Board (IGCCB). Our workshops have also been approved for continuing education by the Mental Health and Addictions Certification Board of Oregon (MHACBO), and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). ECPG also applies for CEU approval from the Canadian Addiction Counsellors Certification Federation (CACCF).



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1821 Fourth Avenue East
Olympia, WA 98506



FOUR DIRECTIONS

Cultural Awareness and Healing Support Conference

Honoring Our Past  Protecting Our Future

September 16-19, 2024

Little Creek Casino Resort | Shelton, WA



Conference Highlights

- **Clinical/Behavioral Health:** *The Intersection of Gambling and Domestic Violence: Empowering Survivors; Clinical Differences in Treatment Between Casino and Non-casino Workers*
- **Community and Culture:** *Centering Traditional Practices for Impactful Youth Programming; Behavioral Health in the Latine Community: Expanding meaningful Equity in Addiction and Recovery Service Delivery for Diverse Communities; Talking Circle Traditions for Treatment and Healing*
- **Innovative Trends:** *Finding Your Best Self: An Addiction and/or Trauma Model for Self-help, Peers, Families, and Professionals; Screenagers Next Chapter; Mental Health in the Digital Age*
- **Recovery Community:** *Finding Your Best Self: An Addiction and/or Trauma Model for Self-Help, Peers, Families, and Professionals; Neurodiversity: Enhancing Addiction Services Through Foundational Skills; Back in the World – Veterans and Brain Injury*



SQUAXIN ISLAND TRIBE



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