

WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

# FOCUS ON THE FUTURE



May 6-9, 2019  
**Grand Mound**



EVERGREEN  
council on problem gambling



Play Responsibly

**KNOW YOUR LIMIT AND STICK TO IT!**

**KEEP FRIENDS AND FAMILY FIRST!**

(Don't Lose Loved Ones Over Gambling)

**24/7 Helpline: 1.800.547.6133**

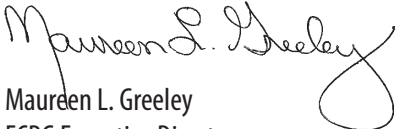
## WELCOME TO ***FOCUS ON THE FUTURE*** 2019

When ***Focus on the Future*** launched in 2007, we hoped it would provide opportunities for everyone working in the fields of addictions treatment and prevention to learn more about problem gambling, network with colleagues, and share successes and challenges. It was a start. Today, we understand better the importance of and need for services along a full Continuum of Care. When we offer services from Prevention and Treatment to Intensive Treatment and After Care/Recovery Services – working together as community organizations and coalitions, medical, behavioral, and governmental agencies – we can help people make healthier choices before addictive behaviors take hold, reduce the chances of relapse during and after treatment, and support people working to maintain and enhance their quality of life in recovery.

This week, you'll have opportunities to attend sessions with leaders in the field on a broad spectrum of topics from Clinical Strategies for Addressing Personal Finances, Understanding Military Culture and Disordered Gambling, Problem Gambling and Trauma, Co-occurring Mental Health Disorders and Gambling, Clinical Supervision, Telebehavioral Health Best Practices, and more. We have come a long way, and still have much more ground to break, to ensure comprehensive, integrated services for individuals, couples, and families. We have made many positive steps working with gaming industry members on Responsible Gaming initiatives such as employee training. Still, with the rapidly evolving landscape of Gaming and Gambling, there is much yet to talk about and much to do – together.

You have made it possible to work as partners and colleagues – as a special community – to help many communities. Thank you all for the great work you do to make a difference in the lives of so many and for sharing your passion and knowledge at ***Focus on the Future*** 2019.

Warmly,



Maureen L. Greeley  
ECPG Executive Director



## ABOUT THE EVERGREEN COUNCIL ON PROBLEM GAMBLING

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, recovery, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133) via phone, text, and chat, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.



EVERGREEN  
council on problem gambling

The Council offers support for residential treatment for problem gamblers and outpatient treatment for problem gamblers and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.

### STAY SOCIAL!



Facebook.com/  
EvergreenPG



@EvergreenCPG



ECPGambling

Share photos & comments during the conference! Tag them **#FoF19**

# THANK YOU TO OUR SPONSORS

## GOLDEN EAGLE GUARDIAN



Nisqually Tribe

## SILVER SALMON SPONSOR



## SCHOLARSHIP & TRAINING PARTNERS



RECOVERY  
CAFÉ  
NETWORK



## BRONZE BIG LEAF MAPLE BENEFACTOR



## COPPER RIVER CONTRIBUTOR



# Sq<sup>w</sup>ali 'abš

people of the river ~ people of the grass



*“Whatever the future holds, do not forget who you are!  
Teach your children, your children’s children, and then teach  
their children also. Teach them the pride of a great people...  
A time will come again when they will celebrate together with joy.  
When that happens my spirit will be there with you.”*

Leschi, Last Chief of the Nisquallies  
1808 ~ 1858



**RECOVERY  
CAFÉ  
NETWORK**

**Bring a Recovery Café  
to your community**

[recoverycafenetwork.org](http://recoverycafenetwork.org)



# RG STAR

*Responsible Gaming  
Staff Training And Resources*

## New Casino/Card Room Employee Online Training

**Immediate Results  
and Feedback**

The Employee's Role in Responsible Gaming



**Perfect for  
New Hires and  
Refresher Training**



**Accessible 24/7;  
Employees Learn  
at their Own Pace**



**Customizable  
Content Options**

Which are elements of Responsible Gaming?

- Don't gamble on our back home.
- Set a table limit and stick to it.
- Avoid being a part of the game.
- Gamble when you are feeling lucky.
- Don't gamble on our back home.

Correct!  
We're getting you on track!

Continue >

**Effective for  
Training Across  
Multiple Locations**

**To Learn More About RG STAR Training:**  
360.352.6133 OR [www.evergreencpg.org](http://www.evergreencpg.org)

# ECPG Summer Quarterly Training

## SAVE THE DATE!

*July 29 - August 1, 2019*

### LOCATION:

Historic Davenport Hotel  
10 South Post Street  
Spokane, WA 99201



### ROOM RATES:

Rooms are \$139 per night plus tax.  
To reserve a room, call 509.455.8888 or  
800.228.9290 and be sure to mention you are  
with the Evergreen Council.

### SCHOLARSHIPS:

To see if you qualify for a scholarship,  
contact ECPG at 360.352.6133 or go online to [www.evergreencpg.org](http://www.evergreencpg.org).

### SCHEDULE:

#### **Introductory Problem Gambling Counselor Training**

*Monday, July 29 - Wednesday, July 31, 8 am - 5 pm*

*Thursday, August 1, 8 am - 3 pm*

#### **Advanced Training Topics**

*Wednesday, July 31 - Thursday, August 1, 8 am - 5 pm*

#### **Recovery Coach Academy Training**

*Monday, July 29 - Thursday, August 1, 8 am - 5 pm*



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For more information visit  
[www.evergreencpg.org](http://www.evergreencpg.org)



WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS  
**FOCUS ON THE FUTURE**

## CONFERENCE SCHEDULE



### Monday, May 6

#### 7 - 8 am

Registration

Chehalis Ballroom Foyer

Breakfast

Chehalis Grand Ballroom ABC

#### 8 am - 5 pm

#### Pre-Conference Workshops

##### ***Recovery Coaching and Professionalism - Part I***

Northwest Territory Salon A

Presented by: Stacy Charpentier, RCP, CPRS

This two-day training program is for those who have completed the CCAR Recovery Coach Academy© curriculum. Recovery Coaches are typically found at local recovery community centers, but there is now a greater need for skilled coaches to work in other professional settings, such as hospitals, treatment facilities, police stations, and court systems. This training is for Recovery Coaches who are looking to work or are currently working within professional settings. Training continues on Tuesday, May 7. *Note: proof of completion of Recovery Coach Academy required to attend.*

##### ***Clinical Supervision for Problem Gambling***

Northwest Territory Salon C

Presented by: Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II

Clinical supervision for gambling counselors is a critical element in workforce development. This workshop will include basic definitions, an overview of the supervision process, and a discussion of clinical consultation requirements for certification of gambling counselors. The case management section of this workshop will provide participants with practical knowledge and tools on how to treat addicted gamblers and their loved ones, and how to manage cases. This session allows attendees to learn from experienced clinicians how to construct and carry out a treatment plan, and some of the most effective practices for treating problem gamblers.

#### Break Noon - 1 pm

## Tuesday, May 7

### 7 - 8 am

Registration	Chehalis Ballroom Foyer
Breakfast	Chehalis Grand Ballroom ABC

### 8 am - 5 pm

#### Pre-Conference Workshops

<b><i>Telebehavioral Health Legal &amp; Ethical Best Practices: Dos and Don'ts</i></b>	Northwest Territory Salon C
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Presented by: Marlene Maheu, PhD

This innovative introductory workshop will provide a practical overview of telebehavioral health laws and evidence-based techniques required by a variety of ethical codes of relevance to the audience. Legal issues covered will include licensure, informed consent, mandated reporting, malpractice carriers, HIPAA, HITECH, privacy, and confidentiality. Ethical issues will include boundaries, competence, and client/patient education techniques. Practical issues include conducting an online intake, planning for and handling emergencies, electronic devices, apps, texting, and other innovative practices. Discussions will include examples of skills needed to practice/supervise using videoconferencing. Extensive handouts and references will be provided to participants.

### 8 am - 3 pm

#### Pre-Conference Workshops

<b><i>Recovery Coaching and Professionalism - Part II</i></b>	Northwest Territory Salon A
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Presented by: Stacy Charpentier, RCP, CPRS

Followed by Recovery Coaching and Professionalism Training of Trainers, 1 - 3 pm.

### Break Noon - 1 pm

## Wednesday, May 8

### 7 - 8:15 am

Registration	Chehalis Ballroom Foyer
Breakfast	Chehalis Grand Ballroom ABC

### 8 am - 5 pm

<b><i>Spirituality for Recovery Coaches - Part I</i></b>	Northwest Territory Salon A
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Presented by: Stacy Charpentier, RCP, CPRS

This session will help recovery coaches understand different concepts of spirituality and how they can help others in their own process of discovering spirituality. This course will help you explore your own beliefs and values as it comes to spirituality. Participants will be provided with the tools and resources needed as a recovery coach to be able to speak about spirituality in a way that is accepting of others. Training continues on Thursday, May 9. *Note: proof of completion of Recovery Coach Academy required to attend.*

## 8:15 - 8:30 am

Welcome

Chehalis Grand Ballroom ABC

## 8:30 - 10 am

Keynote

Chehalis Grand Ballroom ABC

### ***Gambling Disorder Treatment: Teaching Optimism in a Reality-Based World***

Presented by: Heather Kleckinger-Craven, LPC, ICGC-II

Rational thought and reality testing are powerful tools of recovery for intervening on fantasy thinking related to gambling disorder. Positive thinking and optimism also have significant roles in the recovery process. Participants will learn about the psychological and physiological benefits of optimism, Cognitive Behavioral Therapy skills to improve optimistic thinking, and how to integrate realism and healthy optimism interventions into treatment goals.

## 10 - 10:15 am

Break / Exhibits

Chehalis Ballroom Foyer

## 10:15 am - Noon

### ***Concurrent Breakout Sessions***

#### **Clinical / Behavioral Health**

Northwest Territory Salon C

### ***Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment -Part I***

Presented by: Brian Farr, MA, LPC

This training will provide effective, therapeutic tools that support positive changes in the financial behavior of gambling treatment clients. We will examine the impact of personal finances on client values, self-concept, and sense of safety; explore common resistance experienced by counselors when discussing personal finances with clients; and delve into the role and meaning of money in contemporary culture. *Note: must attend Part I, Part II, and Part III for CEU credit.*

#### **Innovative Trends & Topics**

Chehalis Salon D

### ***Sports Betting 101 For the Baffled and Bewildered***

Presented by: Don Feeney, MPP, MS and Chris Stearns

Since the Supreme Court Decision and the Repeal of PASPA in May 2018, the gambling landscape has been changing quickly. American Sports Betting is a growing industry, and many states are looking at legalization issues in new ways. How does this impact the prevention and treatment practices for gambling disorder? How does this impact the public perceptions around gambling and problem gambling?

## Wednesday, May 8 (continued)

### Legal Issues in Responsible Gaming

Chehalis Salon E

#### ***Divorce Court and Gambling: I Was Dating a Slot Machine***

Presented by: Cheryl Moss, JD and Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S

Judge Cheryl Moss and gambling and family therapist Denise Quirk will discuss how gambling allegations are brought before Family Court and in what context they are brought. Denise's gambling and family therapy experience combined with Judge Moss's years on the bench, along with her years of training in gambling matters, will provide a rich background for the audience to hear how families are being affected by gambling disorder. Money problems are a primary motivation for divorce, and gambling is often a symptom. Participants will learn about gambling family processes as presented by the therapist and the Judge together.

### **Noon - 1:30 pm**

Lunch Plenary

Chehalis Grand Ballroom ABC

#### ***Understanding Military Culture and Disordered Gambling in Active Military and Veteran Populations***

Presented by: Glenn Osowski, ICGC-II, CPSS

The National Council on Problem Gambling estimates that as many as 56,000 active duty members of the Armed Forces meet criteria for gambling disorder, and studies have shown that veterans have elevated rates of gambling problems – at least twice the rate of the general adult population. This presentation will help mental health professionals understand the uniqueness of military culture to assist in treatment of active duty military, Veterans, or family members with problem or disordered gambling. Rates of disordered gambling are much higher for Veterans and active duty military.



## NEW DIRECTIONS

Peer-to-Peer Problem Gambling Awareness Campaign

### Effective and Empowering Programs for Students

**Express Yourself Creatively about Youth Gambling and Gaming**

Fun | Creative | Interactive

Involve young people to bring about a positive change on important addictions/public health issues. Youth will strengthen leadership skills as working together as part of a team to create and present a community awareness campaign – with help from Industry Experts.

**Compete for the Grand Prize!**

Your Campaign Could be Produced Professionally to Air on Radio or Streaming online!

### Available to WA State High School Students

(Marketing/Communications/DECA)

**Make an Impact with Youth – Learn More...**

Contact the Evergreen Council on Problem Gambling

360.352.6133 | [evergreencpg.org](http://evergreencpg.org) | [info@evergreencpg.org](mailto:info@evergreencpg.org)

1:30 - 3 pm

**Concurrent Breakout Sessions**

**Clinical / Behavioral Health**

Northwest Territory Salon C

***Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part II***

Presented by: Brian Farr, MA, LPC

Continuation of session from morning breakout. *Note: must attend Part I, Part II, and Part III for CEU credit.*

**Innovative Trends & Topics**

Chehalis Salon D

***Loot Boxes and Video Game Gambling***

Presented by: Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II

With the continued research of process addictions as an issue of concern for treatment professionals, it becomes increasingly obvious that the psychology of gambling and neurochemical reward experiences is utilized throughout society to generate interest in products, entertainment, and events among consumers. This session is designed to aid gambling addiction counselors and mental health professionals in understanding the similarities in the risk experience now often found throughout these forms of entertainment. A special emphasis on these impacts in relation to online compatible video games and RNG-based gambling will be included. The session will provide case examples along with an explanation of concepts which are critical for explaining the experience of both gambling and video games.

**Advocacy / Community Engagement**

Chehalis Salon E

***Addressing our Elders and Families about Gambling and Opioids***

Presented by: Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S

Families who experience barriers to coping with loneliness, boredom, and health challenges including aging issues are often using gambling and prescription medicine inappropriately. This interactive discussion will provide a template for discovering current information and interventions that both clinical and family members can use to help with these two major problems in our culture today. Information will be presented by Denise Quirk, a family therapist working with community partners to provide value and need assessments and coordinate helpers with families affected by gambling and other behavioral and substance disorders.

3 - 3:15 pm

Break / Exhibits

Chehalis Ballroom Foyer

# SCHEDULE AT-A-GLANCE

<b>WEDNESDAY, MAY 8</b>				
7 - 8:15 am	Registration / Breakfast			Chehalis Grand Ballroom/Foyer
8:15 - 10 am	Welcome and Keynote	Heather Kleckinger-Craven	<b><i>Gambling Disorder Treatment: Teaching Optimism in a Reality-Based World</i></b>	Chehalis Grand Ballroom ABC
10- 10:15 am	Break / Exhibits			
10:15 am - Noon	Clinical / Behavioral Health	Brian Farr	<b><i>Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part I</i></b>	Northwest Territory Salon C
	Innovative Trends & Topics	Don Feeney and Chris Stearns	<b><i>Sports Betting 101 For the Baffled and Bewildered</i></b>	Chehalis Salon D
	Legal Issues in Responsible Gaming	Cheryl Moss and Denise Quirk	<b><i>Divorce Court and Gambling: I Was Dating a Slot Machine</i></b>	Chehalis Salon E
Noon - 1:30 pm	Lunch Plenary	Glenn Osowski	<b><i>Understanding Military Culture and Disordered Gambling in Active Military and Veteran Populations</i></b>	Chehalis Grand Ballroom ABC
1:30 - 3 pm	Clinical / Behavioral Health	Brian Farr	<b><i>Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part II</i></b>	Northwest Territory Salon C
	Innovative Trends & Topics	Daniel Kaufmann	<b><i>Loot Boxes and Video Game Gambling</i></b>	Chehalis Salon D
	Advocacy / Community Engagement	Denise Quirk	<b><i>Addressing our Elders and Families about Gambling and Opioids</i></b>	Chehalis Salon E
3:15 - 3:30 pm	Break / Exhibits			
3:30 - 5 pm	Clinical / Behavioral Health	Brian Farr	<b><i>Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part III</i></b>	Northwest Territory Salon C
	Continuum of Care: Prevention to Recovery	Glenn Osowski	<b><i>Gambling and Veterans: Understanding the Patients that Treatment Providers Fear</i></b>	Chehalis Salon D
	Innovative Trends & Topics	Don Feeney	<b><i>What the National Survey of Gambling Attitudes and Gambling Experiences Tells Us about Sports Betting</i></b>	Chehalis Salon E

<b>THURSDAY, MAY 9</b>				
7 - 8:15 am	Registration / Breakfast			Chehalis Grand Ballroom/Foyer
8:15 - 10 am	Welcome and Keynote	Panel	<b><i>Good Morning, Grand Mound! Topics &amp; Trends in Gambling and Gaming</i></b>	Chehalis Grand Ballroom ABC
10- 10:15 am	Break / Exhibits / Hotel Checkout			
10:15 am - Noon	Clinical / Behavioral Health	Jon Grant	<b><i>Co-occurring Mental Health Disorders and Gambling: What Should We Screen For and What Should We Treat?</i></b>	Northwest Territory Salon C
	Continuum of Care: Prevention to Recovery	Glenn Osowski	<b><i>Lessons Learned: Creating and Developing PSAs for the State of Maryland Targeting the Veteran Population</i></b>	Chehalis Salon D
	Legal Issues in Responsible Gaming	Cheryl Moss	<b><i>Gambling Treatment Diversion Court: Rising Up from Bottoming Out</i></b>	Chehalis Salon E
Noon- 1:30 pm	Lunch Plenary	Jon Grant	<b><i>Gambling and Brain Reward Systems: What Do We Know and How Can We Use It?</i></b>	Chehalis Grand Ballroom ABC
1:30 - 3 pm	Clinical / Behavioral Health	Ken Litwak	<b><i>The Relationship Between Problem Gambling and Trauma</i></b>	Northwest Territory Salon C
	Advocacy / Community Engagement	Dolores Chiechi	<b><i>Advocacy 101: Basic Principles and Tips for Advocating Effectively</i></b>	Chehalis Salon D
	Continuum of Care: Prevention to Recovery	Panel	<b><i>The Power of Recovery Cafés and Coalitions and the Practical Realities of Creating Them in Your Community</i></b>	Chehalis Salon E
3 - 3:15 pm	Break / Exhibits			
3:15 - 5 pm	Afternoon Plenary	Jon Grant	<b><i>Gambling and Family &amp; Social Influences: Cause, Effect, or Both?</i></b>	Chehalis Grand Ballroom ABC
<b>Recovery Coach Training May 8-9</b>				
Wednesday, May 8: 8 am - 5 pm	Recovery Coach Training	Stacy Charpentier	<b><i>Spirituality for Recovery Coaches</i></b>	NW Territory Salon A
Thursday, May 9: 8 am - 3 pm	Recovery Coach Training	Stacy Charpentier	<b><i>Spirituality for Recovery Coaches / Training of Trainers</i></b>	NW Territory Salon A

## Wednesday, May 8 (continued)

3:15 - 5 pm

### ***Concurrent Breakout Sessions***

#### **Clinical / Behavioral Health**

Northwest Territory Salon C

#### ***Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part III***

Presented by: Brian Farr, MA, LPC

Continuation of session from afternoon breakout. *Note: must attend Part I, Part II, and Part III for CEU credit.*

#### **Continuum of Care: Prevention to Recovery**

Chehalis Salon D

#### ***Gambling and Veterans: Understanding the Patients that Treatment Providers Fear***

Presented by: Glenn Osowski, ICGC-II, CPSS

Significant development has not been made in the treatment of problem gambling within specific cultures. Within the Veteran and military population, the stigma of Mental Health treatment creates significant obstacles in developing a therapeutic relationship. To better understand the Veteran and characteristics of military members, it is important to review and understand the era of service as well as the individual's unique military experiences.

#### **Innovative Trends & Topics**

Chehalis Salon E

#### ***What the National Survey of Gambling Attitudes and Gambling Experiences Tells Us about Sports Betting***

Presented by: Don Feeney, MPP, MS

In 2018, the National Council on Problem Gambling commissioned the National Survey on Gambling Attitudes and Gambling Experiences (NGAGE), perhaps the largest survey ever taken of the gambling behavior of the American public. This presentation will highlight the survey's findings on sports and fantasy sports gambling, including who is doing it, what they are doing, and how sports betting relates to positive play and problematic behavior. The survey was designed to collect representative samples at the state level, so specific findings about Washington and Oregon will also be presented.

## Thursday, May 9

7 - 8:15 am

Registration

Chehalis Ballroom Foyer

Breakfast

Chehalis Grand Ballroom ABC

8 am - 3 pm

### **Pre-Conference Workshops**

#### ***Spirituality for Recovery Coaches - Part II***

Northwest Territory Salon A

Presented by: Stacy Charpentier, RCP, CPRS

Followed by ***Spirituality for Recovery Coaches Training of Trainers***, 1 - 3 pm.



**8:15 - 8:30 am**

Welcome

Chehalis Grand Ballroom ABC

**8:30 - 10 am**

Keynote

Chehalis Grand Ballroom ABC

***Good Morning, Grand Mound! Topics & Trends in Gambling and Gaming***

Presented by Panel: Maureen Greeley, BS, Jon Grant, JD, MD, MPH, Cheryl Moss, JD, and Glenn Osowski, ICGC-II, CPSS

A panel of regional and national experts in the field will explore emerging issues, attitudes, and trends that are shaping our work around gambling and gaming treatment, prevention, awareness, and legislation, such as: State of the Nation in gambling; international trends and topics; working with the recovery community; fantasy sports legalization, regulation, our roles, and more.

**10 - 10:15 am**

Break / Exhibits / Hotel Checkout

Chehalis Ballroom Foyer

**10:15 am - Noon**

***Concurrent Breakout Sessions***

**Clinical / Behavioral Health**

Northwest Territory Salon C

***Co-occurring Mental Health Disorders and Gambling: What Should We Screen For and What Should We Treat?***

Presented by: Jon Grant, JD, MD, MPH

This presentation will present data regarding common co-morbidities in problem gamblers, how to screen for these disorders, and how to initiate treatment for multiple problems.

**Continuum of Care: Prevention to Recovery**

Chehalis Salon D

***Lessons Learned: Creating and Developing PSAs for the State of Maryland Targeting the Veteran Population***

Presented by: Glenn Osowski, ICGC-II, CPSS

380,000 Veterans call Maryland home. Nearly 10% of US Veterans struggle with problem gambling. How do we reach Veterans? The presenter will discuss the barriers in creating outreach to Veterans and in creating a balancing act between being nonpolitical and nonjudgmental. Participants will view the PSA created and produced by Academy Award winner Susan Hadary with the University of Maryland MedSchool Productions.

## **Thursday, May 9 (continued)**

### **Legal Issues in Responsible Gaming**

Chehalis Salon E

#### ***Gambling Treatment Diversion Court: Rising Up from Bottoming Out***

Presented by: Cheryl Moss, JD

This presentation will discuss the history of the Gambling Courts in the US and Gambling Diversion Programs across the United States, as well as an explanation of the Gambling Treatment Diversion Court from start to finish. Also included will be a discussion on types of monitoring that can be used for defendants, the purpose of the Gambling Treatment Diversion Court statutes, and how it impacts defendants and the community.

### **Noon - 1:30 pm**

Lunch Plenary

Chehalis Grand Ballroom ABC

#### ***Gambling and the Brain Reward Systems: What Do We Know and How Can We Use It?***

Presented by: Jon Grant, JD, MD, MPH

This presentation will examine what is currently known about the neurobiology of gambling and addictions and how that information may inform clinical approaches to problem gambling.

### **1:30 - 3 pm**

#### ***Concurrent Breakout Sessions***

##### **Clinical / Behavioral Health**

Northwest Territory Salon C

#### ***The Relationship Between Problem Gambling and Trauma***

Presented by: Ken Litwak, BA, ICGC-I, CCTP, DRCC

This presentation describes the types of trauma and delineates the ways traumatic experience may lead to the addiction of Disordered Gambling. The presenter describes both adult onset trauma and developmental trauma and the relationship to problem gambling, with information drawn from recent and historical studies in Australia, the United Kingdom, and the United States. The presenter discusses treatment for trauma as integral to recovery from Disordered Gambling and to avoid replacement addiction.

##### **Advocacy / Community Engagement**

Chehalis Salon D

#### ***Advocacy 101: Basic Principles and Tips for Advocating Effectively***

Presented by: Dolores Chiechi

Advocacy, or lobbying, is a process, not an event. It revolves around making your case and developing relationships with decision makers who affect your industry/issue. These may include legislators, city and county council members, other elected officials, and agency and/or organization members. Becoming an effective advocate includes a basic awareness of how the political and legislative process works; the do's and don'ts of grassroots advocacy; the development of key talking points, public testimony, and organizing constituent lobby days. The presentation will incorporate role playing to help build confidence by practicing delivering your points in a three-minute elevator ride following standard protocols and etiquette.

**Continuum of Care: Prevention to Recovery**

Chehalis Salon E

***The Power of Recovery Cafés and Coalitions and the Practical Realities of Creating Them in Your Community***

Presented by Panel: Maureen Greeley, BS, Facilitator, Barbara Gerrior, MSW, David Jefferson, MSW, CDP, and Ruby Takushi, PhD

Without ongoing recovery support, the challenge of maintaining stability in mental health, relationships, housing, and employment, and breaking cycles of destruction may feel nearly impossible. Recovery Coalitions and Recovery Cafés bring together individuals and organizations to create healthy and safe communities that promote wellness, recovery, and a fulfilling quality of life through sharing of resources, advocacy, education, evaluation, and facilitation. Recovery Cafés and Coalitions offer support through community to anchor people in the sustained recovery they need to gain and maintain access to housing, social and health services, healthy relationships, education, and employment. Backed by evidence-based best practices – these Recovery Supports engage individuals and empower them to build a life that realizes their full potential.

**3 - 3:15 pm**

Break / Exhibits

Chehalis Ballroom Foyer

**3:15 - 5 pm**

Afternoon Plenary

Chehalis Grand Ballroom ABC

***Gambling and Family & Social Influences: Cause, Effect, or Both?***

Presented by: Jon Grant, JD, MD, MPH

This presentation will discuss the influence of gambling behavior on families and friends, how family can assist or even enable gambling behavior, and how to incorporate family into the treatment process.

**UPPER SKAGIT INDIAN TRIBE**



# PRESENTERS



**Stacy Charpentier, RCP, CPRS** brings her experience of having a parent in long-term recovery to her position as the Director of the Center for Addiction Recovery Training. She strives to develop new, innovative, and high-quality training programs for the performance enhancement of both CCAR Trainers and CCAR trained Recovery Coaches. Stacy believes that by putting a face on recovery, more people will come forward seeking help through hope and the possibility of sustained long-term recovery.



**Dolores Chiechi** serves as the Executive Director and Lobbyist for the Recreational Gaming Association (RGA). Ms. Chiechi served on Governor Locke's Task Force on Problem Gambling in 2004 to develop legislation for a state program to promote problem gambling awareness and provide treatment. She serves on the ECPG Board of Directors and the Board of the National Council on Problem Gambling.



**Brian Farr, MA, LPC** is a Licensed Professional Counselor in private practice in Portland, Oregon. His work with clients includes financial therapy, individual and couples counseling, and small business development. He has extensive clinical experience with the complex issues of problem gambling. During the 25 years prior to becoming a professional counselor, he was a founding partner of an investment management firm, the owner/manager of a personnel agency, and a professional commodity broker.



**Don Feeney, MPP, MS** is President of the Northstar Problem Gambling Alliance, the Minnesota affiliate of the National Council on Problem Gambling (NCPG). Don served on the NCPG Board of Directors and was President from 2011 to 2013. His research interests include the relation between public opinion and gambling policy, public awareness of problem gambling, and gambling and popular culture. In 2017, Don was honored with NCPG's Lifetime Achievement Award for Advocacy.



**Barbara Gerrior, MSW** is the Program Coordinator for the Clark County Department of Community Services, Alcohol and Drug/Specialty Court Program. She has extensive experience working with individuals in need of substance abuse treatment. Barbara has worked in Clark County to develop and implement transitional housing, pregnant and post-partum women's programs, and specialized in treatment for individuals with substance abuse and/or co-occurring psychiatric disorders. She is the Lead Recovery Support Specialist for "Access to Recovery" in Clark County.

# PRESENTERS



**Jon Grant, JD, MD, MPH** is a Professor of Psychiatry and Behavioral Neuroscience at the University of Chicago, where he directs a clinic and research lab on addictive, compulsive, and impulsive disorders. Dr. Grant is the author of more than a dozen books and 300 peer-reviewed scientific articles, and is Editor-in-Chief of the *Journal of Gambling Studies*.



**Maureen Greeley, BS** is the Executive Director of the Evergreen Council on Problem Gambling (ECPG), has worked with and for ECPG since 1998, and became Executive Director in November 2006. At the national level, she has held an Affiliate seat on the Board for the National Council on Problem Gambling and has also served as the NCPG Board's President for two terms. In 2013, she received NCPG's Lifetime Achievement Award for Advocacy.



**David Jefferson, MSW, CDP**, a recovery advocate since 1988, trained with Bill White on Recovery Oriented Systems of Care. He was employed by DBHR and the Northwest Addiction Technology Transfer Center to provide numerous trainings to Washington counties on how to make treatment more recovery-oriented and how communities can strengthen their recovery capital. He is one of the founders of the North Sound Recovery Coalition. David helped secure funding for the first regional Substance Abuse and Mental Health Recovery conference in 2017, and helped organize the Solution to Addiction Symposium in 2019. He currently works for Skagit County Public Health.



**Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II** is a full-time faculty and current Content Development Lead for graduate programs in Mental Health Counseling and Counselor Education and Supervision at Grand Canyon University. Dr. Kaufmann also serves as the Clinical Director for the Florida Council on Compulsive Gambling. His research covers areas from gambling addiction, video games, personality theory, online education, and counselor development. He is a Board Approved Clinical Consultant through the IGCCB.



**Heather Kleckinger-Craven, LPC, ICGC-II** has been with the Louisiana Association on Compulsive Gambling since 2011. Before being selected as the Director of Clinical Services, she served as first the family counselor, and then the Program Director for the Center of Recovery, which is a residential gambling disorder treatment program. She has worked as a counselor, trainer, and administrator in the field of behavioral health for more than 17 years.

# PRESENTERS



**Ken Litwak, BA, ICGC-I, CCTP, DRCC** is a Problem Gambling Prevention Specialist for the Council on Compulsive Gambling of New Jersey. He graduated from City University of Seattle with an AS in General Studies and a BA in Management with certificates in Child and Adolescent Development and Gerontology. He is working toward an MS in Professional Counseling from Grand Canyon University. Ken is an Internationally Certified Gambling Counselor and Certified Clinical Trauma Professional, and a US Navy Veteran.



**Marlene Maheu, PhD** has served various organizations to develop telebehavioral health standards and guidelines, including the American Telemedicine Association, the American Psychological Association and the American Counseling Association. She now serves as the CEO for the nonprofit Coalition for Technology in Behavioral Science (CTiBS). Her books include the APA-published, *A Practitioner's Guide to Telemental Health: How to Conduct Legal, Ethical and Evidence-Based Telepractice* (2016) and *Career Paths in Telemental Health* (2016).



**Cheryl Moss, JD** was elected in 2000 and has served as a Family Court Judge in Las Vegas, Nevada for more than 18 years. In 2001, Judge Moss was the first judge to implement a program for referring parents in custody cases for problem gambling assessments. In 2018, she was appointed to serve as the first judge to preside over Nevada's first Gambling Treatment Diversion Court and the second in the United States. Judge Moss's late mother, Dr. Rena M Nora, Chief of Psychiatry, Las Vegas Veterans Administration Medical Center, was her biggest mentor.



**Glenn Osowski, ICGC-II, CPSS** provides and oversees the Vocational Development and Therapeutic Employment Services Program for the Healthcare for Homeless Veterans team at the Ann Arbor VA Healthcare System. He served as a Readjustment Counseling Therapist for four years at the Brecksville VA Gambling Treatment Program. Glenn is an ICGC-II and is certified in Interpersonal Psychotherapy (IPT) and Cognitive Behavioral Analysis System of Psychotherapy (CBASP). Prior to his VA career, he served 13 years as a US Marine.

# PRESENTERS



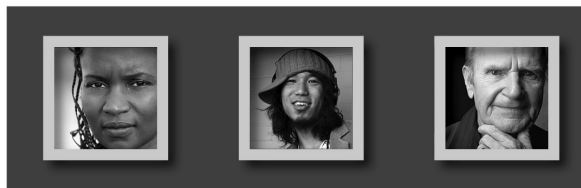
**Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S** is certified as a clinical supervisor and gambling counselor specializing in treatment for families. She is the CEO and Clinical Director of the Reno Problem Gambling Center, a nonprofit outpatient treatment center. She serves as a Board member for the Nevada Council on Problem Gambling and is a member of the Nevada Governor's Advisory Committee for Problem Gambling. Denise is co-author of Gambling Patient Placement Criteria, and was a field reviewer for The ASAM Criteria.



**Commissioner Chris Stearns** is an attorney specializing in Indian law. He served four years as Counsel to the US House Committee on Natural Resources and was the first Director of Indian Affairs for the US Department of Energy. He is past Chairman of the Seattle Human Rights Commission. He was appointed to the Washington State Gambling Commission in July 2013 and, in October 2014, was unanimously elected Chair of the Commission.



**Ruby Takushi, PhD** is a clinical psychologist and serves as Director of Programs for the Recovery Café in Seattle. While training at the University of Washington Addictive Behaviors Research Center from 1996-1999, Dr. Takushi conducted research on problem gambling addiction. She has served on the board of the Evergreen Council on Problem Gambling and currently serves on the board of the Recovery Café ([www.recoverycafe.org](http://www.recoverycafe.org)). Dr. Takushi maintains a private practice in Seattle.



Residential  
Treatment Services Support  
for Problem Gamblers\*  
(\*Washington State Residents)

To determine if your client may be eligible for funding support for residential treatment, contact the Evergreen Council on Problem Gambling.

IGT proudly supports the  
**Evergreen Council  
on Problem Gambling**

We are proud to support the Evergreen Council on Problem Gambling and its commitment to advocacy, research, and education on gambling disorders.







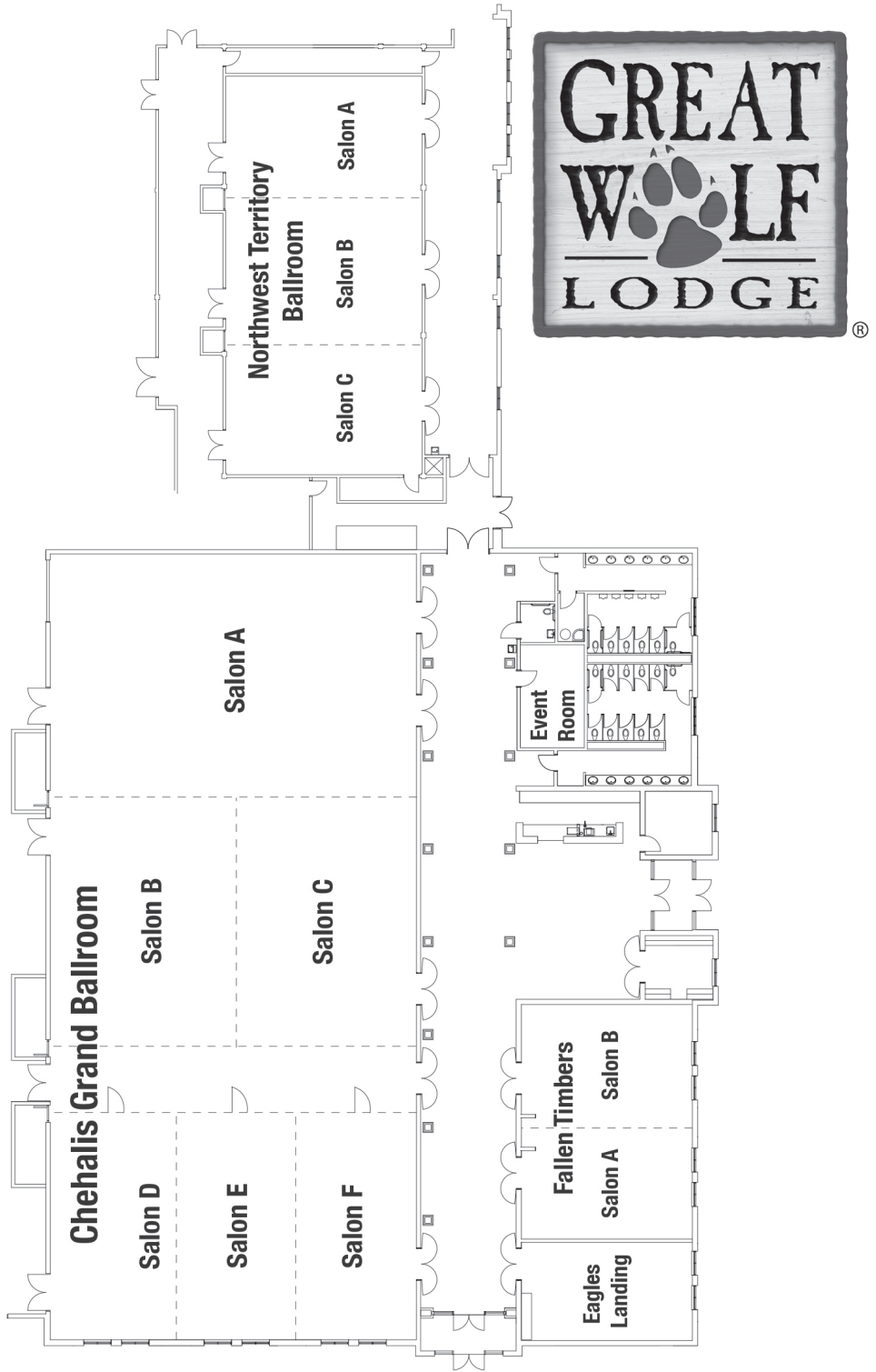
# I WON MY CULTURE BACK

**PROBLEM GAMBLING HURTS  
TREATMENT WORKS**

**1.800.547.6133**  
helpline

 **EVERGREEN**  
Council on Problem Gambling





# FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference



Sep 30-Oct 3, 2019  
Swinomish Casino & Lodge  
Anacortes, WA

WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

# FOCUS ON THE FUTURE

May 6 - 9, 2019 | Grand Mound

## MAIN CONFERENCE SCHEDULE AT-A-GLANCE

### Wednesday, May 8

7 - 8:15 am	Registration and Breakfast
8:15 - 10 am	Welcome & Keynote
10 - 10:15 am	Break / Exhibits
10:15 am - Noon	Morning Breakout Sessions
Noon - 1:30 pm	Lunch Plenary
1:30 - 3 pm	Afternoon Breakout Sessions
3 - 3:15 pm	Break / Exhibits
3:15 - 5 pm	Afternoon Breakout Sessions

### Thursday, May 9

7 - 8:15 am	Registration and Breakfast
8:15 - 10 am	Welcome & Keynote
10 - 10:15 am	Break / Exhibits / Hotel Checkout
10:15 am - Noon	Morning Breakout Sessions
Noon - 1:30 pm	Lunch Plenary
1:30 - 3 pm	Afternoon Breakout Sessions
3 - 3:15 pm	Break / Exhibits
3:15 - 5 pm	Afternoon Plenary

