



WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

FOCUS ON THE FUTURE



April 30-May 3, 2018
Vancouver



EVERGREEN
council on problem gambling

Oregon
Health
Authority



OREGON COUNCIL
ON PROBLEM GAMBLING



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WELCOME TO ***FOCUS ON THE FUTURE*** 2018

When ***Focus on the Future*** launched in 2007, we hoped it would provide opportunities for everyone working in the field of addictions treatment and prevention to learn more about problem gambling, network with colleagues, and share successes and challenges. It was a start. Today, we understand better the importance of and need for services along a full Continuum of Care. When we offer services from Prevention and Treatment to Intensive Treatment and After Care/Recovery Services – working together as community organizations, medical, behavioral, and governmental agencies – we can help people make healthier choices before addictive behaviors take hold, and reduce the chances of relapse during and after treatment.

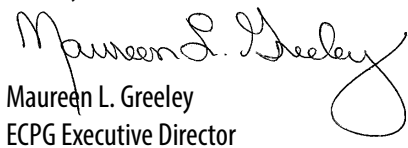
This week, you'll have opportunities to attend sessions with leaders in the field on a broad spectrum of topics from Grief Recovery, Clinical Supervision, Treatment Modalities, Suicide Outreach Efforts, Cultural Considerations for Treatment, Working with Veterans; and more. Two areas of special note during our Recovery Celebration Event – ***Reenergize Your Recovery!*** – this year are Recovery and Family Services.

Helping families navigate the challenges they face when a loved one has gambling and co-occurring disorders is vital. Without much-needed support for the individual in treatment and the family members who may need treatment and continuing support themselves, the risk of negative impacts looms large over the entire family.

Please join us for the Recovery Celebration and Recovery Services Fair on Wednesday, May 2, beginning at 4 p.m. It is a special afternoon of events to celebrate recovery successes and share insights and ***Focus on the Future*** of Recovery Services in the Pacific Northwest.

Thank you all for the great work you do to make a difference in the lives of so many and for sharing your passion and knowledge at ***Focus on the Future*** 2018.

Warmly,


Maureen L. Greeley
ECPG Executive Director



ABOUT THE EVERGREEN COUNCIL ON PROBLEM GAMBLING

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133) via phone, text, and chat, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.



The Council offers support for residential treatment for problem gamblers and outpatient treatment for problem gamblers and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.

STAY SOCIAL!



Facebook.com/
EvergreenPG



@EvergreenCPG



ECPGambling

Share photos & comments during the conference! Tag them **#FoF18**



CONFERENCE PARTNERS

Oregon Council on Problem Gambling

The Oregon Council on Problem Gambling was established in 1996 and has been an affiliate of the National Council on Problem Gambling since 1998. The Council's purpose is to promote the health of Oregonians by supporting efforts to minimize gambling-related harm through research, education, and advocacy.



OREGON COUNCIL
ON PROBLEM GAMBLING

Oregon Health Authority

Helping people and communities achieve optimum physical, mental, and social well-being through partnerships, prevention, and access to quality, affordable health care is the mission of the Oregon Health Authority. Problem Gambling Services is part of OHA's Health System Division. Oregon invests more than five million dollars annually to reduce and/or prevent the negative effects of gambling.





NEW DIRECTIONS

Peer-to-Peer Problem Gambling Awareness Campaign

Effective and Empowering Programs for Students

Express Yourself Creatively about Youth Gambling and Gaming

Fun | Creative | Interactive

Involve young people to bring about a positive change on important addictions/public health issues. Youth will strengthen leadership skills as working together as part of a team to create and present a community awareness campaign – with help from Industry Experts.

Compete for the Grand Prize!

Your Campaign Could be Produced Professionally to Air on Radio or Streaming online!

Available to WA State High School Students

(Marketing/Communications/DECA)

Make an Impact with Youth – Learn More...

Contact the Evergreen Council on Problem Gambling

360.352.6133 | evergreencpg.org | info@evergreencpg.org





IGT proudly supports the
**Evergreen Council
 on Problem Gambling**

We are proud to support the
 Evergreen Council on Problem
 Gambling and its commitment to
 advocacy, research, and education
 on gambling disorders.



UPPER SKAGIT INDIAN TRIBE





RG STAR

*Responsible Gaming
Staff Training And Resources*

New Casino/Card Room Employee Online Training

| | | |
|--|---|---|
| <p>Immediate Results and Feedback</p> | <p>The Employee's Role in Responsible Gaming</p>  | <p>Perfect for New Hires and Refresher Training</p> |
|  | <p>Accessible 24/7; Employees Learn at their Own Pace</p> |  |
| <p>Customizable Content Options</p> | <p>Which are elements of Responsible Gaming?</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Set game limits <input checked="" type="checkbox"/> Avoid excessive play <input checked="" type="checkbox"/> Take regular breaks <input type="checkbox"/> Avoid drinking alcohol <input checked="" type="checkbox"/> Set game objectives | <p>Effective for Training Across Multiple Locations</p> |
| <p>To Learn More About RG STAR Training: 360.352.6133 OR www.evergreencpg.org</p> | | |





Reenergize Your Recovery

RECEPTION AND RECOVERY FAIR* BEGINS AT 4 P.M. - WELCOME!

4:15 – 4:45 p.m. Featured Speakers:

Recovery Café – Because Everyone Needs a Place to Heal.

Join us for a brief presentation on how this model for addiction recovery emerged in the Pacific Northwest.

4:45 – 5:15 p.m. Voices of Recovery Forum

5:15 – 7 p.m. *The Anonymous People* Movie Presentation and Discussion

THE ANONYMOUS



RECOVERY IS OUT - TO CHANGE THE ADDICTION CONVERSATION FROM - PROBLEMS TO SOLUTIONS

The Anonymous People, highlights the importance of sharing recovery stories in order to decrease stigma and inspire more people to get help.

Join us for a screening and discussion on

Inspiring Others to Champion Recovery as Possible and Attainable!

5:30 p.m. Open GA Meeting in the Sacajawea Room





WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE

CONFERENCE SCHEDULE



Monday, April 30

7 - 8 am

Registration

Foyer

8 am - 5 pm

Pre-Conference Workshops

What Lies Beneath: Grief Recovery, Problem Gambling, and Long-Term Abstinence

Chinook

Presented by: Peter Drake Pennington, LPC, NCGC-II

Are you treating the grief associated with trauma? If not, your clients may be more susceptible to relapse. The Grief Recovery Method offers group and individual programs that you can integrate with your current recovery program to enhance your outcomes. You will participate directly with the material, learn from video case studies and discussions, have the opportunity to apply your knowledge, and participate in a round table discussion.

Clinical Supervision and Case Management

Klickitat

Presented by: Roger Humble, CADC-II, CGAC-II and David Corse, LPC, ACS, CADC-III, CGAC-III, NCGC-II

Clinical supervision for gambling counselors is a critical element in workforce development. This workshop will include basic definitions, an overview of the supervision process, and a discussion of clinical consultation requirements for certification of gambling counselors. The case management section of this workshop will provide participants with practical knowledge and tools on how to treat addicted gamblers and their loved ones, and how to manage cases. This session allows attendees to learn from experienced clinicians how to construct and carry out a treatment plan, and some of the most effective practices for treating problem gamblers.

Break Noon - 1 pm





Tuesday, May 1

7 - 8 am

Registration

Foyer

8 am - Noon

Pre-Conference Workshops

Debting, Spending, and Money Behavior as a Predictive and Protective in Problem Gambling Treatment

Chinook

Presented by Debra Neal, LCPC, BACC, ICGC-II

Advancing strategies for managing cravings and increasing periods between gambling episodes by reducing money access are mandates in helping problem gamblers seeking help, hope, and recovery. Participants will receive literature-supported tools, resources, and insights that shape money, spending, and debting behaviors as a primary role in supporting problem gambling abstinence and harm reduction progress.

Core Competencies in Family Treatment of Problem Gambling

Klickitat

Presented by: Teresa McDowell, Ed.D, LMFT

This workshop is based on the results of a three-year research project at Lewis and Clark, exploring and identifying mediators of change in problem gambling treatment. The session specifically focuses on what is emerging from this research as core competencies necessary for successful treatment of families struggling with problem gambling.

Break Noon - 1 pm

1 - 5 pm

Pre-Conference Workshops

Cultural and Ethical Considerations Working with Diverse Gamblers

Chinook

Presented by Panel: Janese Olalde, M.Ed, MFT, MAC, CADC-II; Azusa Ogawa, CGAC; and Jose Garcia, CADC-II, CGAC-I

Participants will expand their knowledge of the diversity of ethical perspectives and attitudes between professionals and how one's perspective and attitude affects the effectiveness of ethical culturally responsive treatment services.

Core Competencies in Family Treatment of Problem Gambling (continued)

Klickitat

Wednesday, May 2

7 - 8:15 am

Registration

Foyer

Continental Breakfast

Fort Vancouver Ballroom





8:15 - 8:30 am

Welcome

Fort Vancouver Ballroom

8:30 - 10 am

Keynote

Fort Vancouver Ballroom

Cannabis and Gambling Disorder: What's Lying in the Weeds?

Presented by: Timothy Fong, MD

What do we really know about the relationship of cannabis and gambling? Dr. Fong will discuss the current landscape of how cannabis and gambling behavior interact, utilizing clinical cases and real-life scenarios to spotlight these relationships. This session will focus on understanding how legalization of cannabis is likely to impact gambling and gambling disorder in a variety of settings, from gaming venues to the treatment clinic. Clinical guidance will be offered to review best treatment practices on how to manage cannabis use disorders and gambling disorder.

10 - 10:15 am

Break / Exhibits

Fort Vancouver Foyer

10:15 am - 12:15 pm

Concurrent Breakout Sessions

Clinical / Behavioral Health

Chinook

Providing Dialectical Behavioral Therapy (DBT) for People with Gambling Disorders

Presented by: Michael Goldman, MA, LPC, PCGC, CRADC, CEAP

Dialectical Behavioral Therapy (DBT) has become an effective evidence-based type of therapy for many problems, including for people who have a gambling disorder. DBT combines Cognitive Behavioral Theory with Mindfulness-based Stress Reduction. This presentation will look at the history and structure of DBT and how it works for people with gambling disorders.

Prevention / Education / Innovative Trends

Klickitat

Infusing Data-Driven Gambling Information into Existing SUD and Suicide Outreach Efforts

Presented by: Andy Cartmill, CPS, QMHA and Eva Hawes, MPH, CHES

Youth who gamble often use substances and consider suicide more frequently than those who do not gamble. We know that youth who gamble tend to participate in other risky behaviors, but we did not know to what degree or how Washington County students, specifically, fared. By using data from the Oregon Student Wellness Survey (more than 9,000 Washington County students surveyed), we determined that youth who gambled in the past 30 days use tobacco, drink alcohol, and use other substances more frequently than those who did not gamble in the past 30 days. Participants will learn about the relationship between gambling and other risky behaviors and how to utilize local data to demonstrate similar relationships.





Wednesday, May 2 (continued)

10:15 am - 12:15 pm

Concurrent Breakout Sessions continued

Recovery / Community / Culture

Cowlitz

Intersections Between Gambling, Substance Use, and Mental Health Challenges Among Veterans and Promising Treatment Approaches

Presented by: Ty Lostutter, PhD, Troy Robison, PhD, and Tracy Simpson, PhD

An overview of problem gambling among US Veterans with additional attention given to co-occurring substance use disorders and mental health problems, and how Veterans compare with civilians on these issues. Course highlights: veterans' reasons for gambling and their choices of treatment goals (i.e., abstinence from gambling vs. harm reduction); various aspects that complicate Veterans' clinical presentation and recovery; review of extant literature evaluating gambling interventions among Veterans will be described, including challenges pertaining to retention in treatment. Novel elements of behavioral gambling interventions delivered clinically to Veterans at VA Puget Sound Health Care System, with anecdotal descriptions of patients' responses to this treatment.

12:15 - 12:30 pm

Break / Exhibits

Fort Vancouver Foyer

12:30 - 1:45 pm

Lunch Plenary

Fort Vancouver Ballroom

Stop Me Because I Can't Stop Myself: Taking Control of Impulse Disorders

Presented by: Jon Grant, JD, MD, MPH

The choice to engage in problematic or impulsive behaviors is complex and reflects a potentially wide array of biological, developmental, psychological, and cognitive dysfunctions. Building upon recent research in neurobiology and psychology, this presentation will examine what we currently know about impulsive behaviors and how best to treat them.

1:45 - 2 pm

Break / Exhibits

Fort Vancouver Foyer

2 - 4 pm

Concurrent Breakout Sessions

Clinical / Behavioral Health

Chinook

Mental Health and Gambling Problems

Presented by: Marc Potenza, MD, PhD

Clinical and epidemiological data suggest frequent co-occurrences between gambling disorder and other psychopathologies. This presentation will review data from large-scale epidemiological studies and clinical samples that examples patterns of co-occurrences and how they are moderated by gender, race/ethnicity, medical conditions, and other factors.





Clinical characteristics relating to gambling behaviors among groups with specific psychiatric groups (e.g. those with schizophrenia) will be discussed. Treatment approaches based in part on co-occurring disorders will also be presented.

Prevention / Education / Innovative Trends

Klickitat

Therapy Animals - Horses as Healers; Canines and Compassionate Care

Presented by Panel: Peter Christensen, Lisa Harman, Roger Humble, CADC-II, CGAC-II, and Kitty Martz, CGRM

Animal-assisted therapy is becoming increasingly popular. This introduction to therapy animals and how they are being used to help people will also look at the difference between service animals, therapy animals, and emotional support animals, and which of these types of animals can be used by therapists and their clients. Humans have had a profound relationship with horses since as far back as 10,000 BC. There is accumulating evidence that client engagement and positive recovery outcomes are supported by leisure skills groups. We will describe the fiscal and operational framework, challenges, and benefits of this progressive treatment option. Participants will have a live demonstration with an on-site therapy horse and opportunity to interact with an amazing four-legged “therapist”.

Recovery / Community/ Culture

Cowlitz

Addiction Peer Recovery Support Services: And the Survey Says...

Presented by: Jeff Marotta, PhD, ICGC-II and Eric Martin, MAC, CADC-III, PRC, CPS

Review the findings from an assessment of the Portland metro tri-county region’s addiction peer recovery support services within publicly funded behavioral health systems. The assessment included a survey of 34 addiction disorder and co-occurring peer delivered service (PDS) programs, survey responses from 124 PDS supervisors and peers, and discussions with more than 60 key informants during structured interviews and think tank focus groups. Findings from this project’s environmental scan of peer delivered services documented several challenges faced by administrators, supervisors, and peer workers in their efforts to implement peer delivered service programs. Possible solutions to address several of the issues brought to light will include those related to recovery support services for problem gamblers.

4 - 5:30 pm

Recovery Celebration and Recovery Services Fair
(see page 6 for more information)

Fort Vancouver Ballroom

5:30 - 6:30 pm

“The Anonymous People” film with Facilitated Discussion
Open GA meeting

Fort Vancouver Ballroom
Sacajawea





Thursday, May 3

7 - 8:15 am

Registration Foyer

Continental Breakfast Fort Vancouver Foyer

8:15 - 10 am

Welcome and Keynote Fort Vancouver Ballroom

Good Morning, Vancouver!

Presented by Panel: Timothy Fong, MD, Jon Grant, JD, MD, MPH, Maureen Greeley, BS, and Marc Potenza, MD, PhD

A panel of regional and national experts in the field will explore emerging issues, attitudes, and trends that are shaping our work around gambling and gaming treatment, prevention, awareness, and legislation, such as: State of the Nation in gambling; international trends and topics; working with the recovery community; fantasy sports legalization, regulation, our roles, and more.

10 - 10:15 am

Break / Exhibits / Hotel Checkout Fort Vancouver Foyer

10:15 am - Noon

Concurrent Breakout Sessions

Clinical / Behavioral Health Chinook

Clinical Assessment and Management of Gambling Disorder

Presented by: Jon Grant, JD, MD, MPH

This workshop will present what is known about the clinical presentation, neurobiology, and psychology of people with gambling addiction. The presentation will discuss developmental issues, genetics, and cognitive aspects of gambling addiction. In addition, the talk will focus on evidence-based treatments used for people with gambling disorders.

Prevention / Education / Innovative Trends Klickitat

Transition-Age Youth and Sports Betting

Presented by: Rick Berman, LPC, CGAC-II, Marc Potenza, MD, PhD, and Chris Stearns

Sports betting is a common entry into gambling for young people of all genders. This presentation will discuss the types of sports gambling 18-24 year-olds participate in and what current research suggests about the links between sports betting and problem gambling among transition-age youth. The presentation will have a focus on explaining esports and esports gambling, as this is unfamiliar to most people older than 30.





Recovery / Community / Culture

Cowlitz

Stable Housing as a Social Determinant of Health

Presented by Panel: Louise Dix, Melodie Pazolt, and Cary Retlin

Access to stable housing and the supports necessary to maintain that housing constitute one of the most basic social determinants of health. In particular, for individuals and families trapped in a cycle of crisis and housing instability due to extreme poverty, mental illness, addiction, or other chronic health conditions, housing can dictate their health and recovery. Review how these evidence-based services – supportive housing and supported employment – provide the supports necessary to help individuals obtain and maintain housing and employment. Look at how the Fair Housing Act protects those individuals with mental and physical disabilities against housing discrimination and how you can advocate on behalf of your clients to help them receive the housing accommodations they need.

Noon - 1:30 pm

Lunch Plenary

Fort Vancouver Ballroom

Talkin' 'Bout My Generation

Presented by: Don Feeney, MPP, MS

Different generations are exposed to different formative experiences and are brought up with different cultural images. It should come as no surprise that these differences are reflected in gambling behavior and attitudes. Examine the differences between the Silent Generation, Baby Boomers, Generation X, Millennials, and Generation Z and explore how their life experiences are reflected in their gambling. Review critical formative experiences—World War II, the moon landing, the 1990s economic boom, the Great Recession—with an eye to their impact on gambling as well as look at the cultural images that have influenced each generation ranging from the Marx Brothers to James Bond to The Last Jedi. Discuss how generational differences should be taken into account when designing treatment, prevention, and responsible gambling programs.

1:30 - 3 pm

Concurrent Breakout Sessions

Clinical / Behavioral Health

Chinook

The Impact of Gambling Disorder on Physical Health

Presented by: Timothy Fong, MD

Gambling disorder can have a significant impact on physical health, including consequences on sleep, cardiovascular functioning, memory, and other stress-related illnesses. This session will review the current state of knowledge around how gambling disorder impacts physical health and vice versa. Emphasis will be placed on encouraging treatment providers to discuss physical health and self-care as part of the comprehensive treatment plan for gambling disorder patients. Office-based treatment techniques and strategies to promote exercise, weight loss, health maintenance, and positive self-care will be emphasized and reviewed.



SCHEDULE AT-A-GLANCE

| WEDNESDAY, MAY 2 | | | | |
|---------------------|--|------------------------------|--|-------------------------------|
| 7 - 8:15 am | Registration / Continental Breakfast | | | Fort Vancouver Ballroom Foyer |
| 8:15 - 10 am | Welcome and Keynote | Timothy Fong | <i>Cannabis and Gambling Disorder: What's Lying in the Weeds?</i> | Fort Vancouver Ballroom |
| 10- 10:15 am | Break / Exhibits | | | |
| 10:15 am - 12:15 pm | Clinical / Behavioral Health | Michael Goldman | <i>Providing Dialectical Behavioral Therapy (DBT) for People with Gambling Disorders</i> | Chinook |
| | Prevention / Education / Innovative Trends | Andy Cartmill and Eva Hawes | <i>Infusing Data-Driven Gambling Information into Existing SUD and Suicide Outreach Efforts</i> | Klickitat |
| | Recovery / Community / Culture | Panel | <i>Intersections between Gambling, Substance Use, and Mental Health Challenges Among Veterans and Promising Treatment Approaches</i> | Cowlitz |
| 12:15 -12:30 pm | Break / Exhibits | | | |
| 12:30 - 1:45 pm | Lunch Plenary | Jon Grant | <i>Stop Me Because I Can't Stop Myself: Taking Control of Impulse Disorders</i> | Fort Vancouver Ballroom |
| 1:45 - 2 pm | Break / Exhibits | | | |
| 2 - 4 pm | Clinical / Behavioral Health | Marc Potenza | <i>Mental Health and Gambling Problems</i> | Chinook |
| | Prevention / Education / Innovative Trends | Panel | <i>Therapy Animals - Horses as Healers, Canines and Compassionate Care</i> | Klickitat |
| | Recovery / Community / Culture | Jeff Marotta and Eric Martin | <i>Addiction Peer Recovery Support Services: And the Survey Says...</i> | Cowlitz |
| 4 - 5:30 pm | Recovery Celebration and Recovery Services Fair | | | Fort Vancouver Ballroom |
| 5:30 - 7 pm | Film: "The Anonymous People" with Facilitated Discussion | | | Fort Vancouver Ballroom |
| 5:30 - 6:30 pm | Open GA Meeting | | | Sacajawea |



| THURSDAY, MAY 3 | | | | |
|------------------------|--|-------------------------------------|--|-------------------------------|
| 7 - 8:15 am | Registration / Continental Breakfast | | | Fort Vancouver Ballroom Foyer |
| 8:15 - 10 am | Welcome and Keynote | Panel | <i>Good Morning, Vancouver!</i> | Fort Vancouver Ballroom |
| 10- 10:15 am | Break / Exhibits / Hotel Checkout | | | |
| 10:15 am - Noon | Clinical / Behavioral Health | Jon Grant | <i>Clinical Assessment and Management of Gambling Disorder</i> | Chinook |
| | Prevention / Education / Innovative Trends | Panel | <i>Transition-Age Youth and Sports Betting</i> | Klickitat |
| | Recovery / Community / Culture | Panel | <i>Stable Housing as a Social Determinant of Health</i> | Cowlitz |
| Noon- 1:30 pm | Lunch Plenary | Don Feeny | <i>Talkin' 'Bout My Generation</i> | Fort Vancouver Ballroom |
| 1:30 - 3 pm | Clinical / Behavioral Health | Timothy Fong | <i>The Impact of Gambling Disorder on Physical Health</i> | Chinook |
| | Prevention / Education / Innovative Trends | Elizabeth Glavish and Maggie Koziol | <i>Getting Ahead of the Curve - Problem Gambling and Prevention</i> | Klickitat |
| | Recovery / Community / Culture | Panel | <i>Culturally Responsive Treatment for Problem Gambling</i> | Cowlitz |
| 3 - 3:15 pm | Break / Exhibits | | | |
| 3:15 - 4:45 pm | Clinical / Behavioral Health | Ty Lostutter | <i>Introduction to Mindfulness Approaches for Treating Disordered Gambling</i> | Chinook |
| | Prevention / Education / Innovative Trends | Jeanne Meyer | <i>EMDR Therapy: An Effective Adjunct to Addiction Treatment</i> | Klickitat |
| | Recovery / Community / Culture | Panel | <i>Responsible Gambling Programs and Tribal Nations</i> | Cowlitz |





Thursday, May 3 (continued)

1:30 - 3 pm

Concurrent Breakout Sessions continued

Prevention / Education / Innovative Trends

Klickitat

Getting Ahead of the Curve - Problem Gambling and Prevention

Presented by: Elizabeth Glavish, BA and Maggie Koziol, MS

This session will take an in-depth look into problem gambling prevention – from education on emerging gambling trends to building an effective prevention campaign. Special attention will be paid to youth prevention and will include an examination of campaigns currently supported by the Evergreen Council on Problem Gambling.

Recovery / Community / Culture

Cowlitz

Culturally Responsive Treatment for Problem Gambling

Presented by Panel: Ann Gray, M.Ed, Dalis La Grotta, MA, LMHC, NCGC-I, WSCGC-I, Phong Ly, MS, CDP, ICGC-I, and Marla Majors, LMHCA, CDPT

This session will be a panel discussion of individuals sharing their cultural background and experience as it relates to treating problem gambling clients. Each member will detail cultural norms and competencies that support positive treatment engagement and outcomes. Participants will walk away with a clearer understanding of represented cultural norms and an overall understanding of the importance of cultural competency in the treatment of gambling disorder.

3 - 3:15 pm

Break / Exhibits

Fort Vancouver Foyer

3:15 - 4:45 pm

Concurrent Breakout Sessions

Clinical / Behavioral Health

Chinook

Introduction to Mindfulness Approaches for Treating Disordered Gambling

Presented by: Ty Lostutter, PhD

Mindfulness is the psychological process of paying attention, on purpose, to one's present experiences in a non-judgmental way. Mindfulness-based Cognitive Behavioral Therapy (CBT) has a growing evidence-base in the treatment of psychological disorders, including gambling and other addictive disorders. Dr. Lostutter will provide a theoretical model of mindfulness for the treatment of addictions, especially gambling. He will talk about how to introduce mindfulness into gambling treatment with patients. The talk will include experiential exercises as an introduction to Mindfulness Meditation concepts, and discuss ways to incorporate mindfulness practice within CBT treatment.





Prevention / Education / Innovative Trends

Klickitat

EMDR Therapy: An Effective Adjunct to Addiction Treatment

Presented by: Jeanne Meyer, MS, LMHC, LPC, MAC

Based in part on the article “EMDR for the Co-Occurring Population,” Counseling Today, 5/29/2014, this presentation will give an overview of the eight phases of the EMDR Therapy protocol. A brief description of the EMDR therapy effects on the neurobiology of the brain will follow. The session will summarize three specific protocols (Feeling State, DETUR and Cycle Model) for alleviating compulsion and euphoric recall. Participants will discuss how to determine appropriate timing for processing trauma.

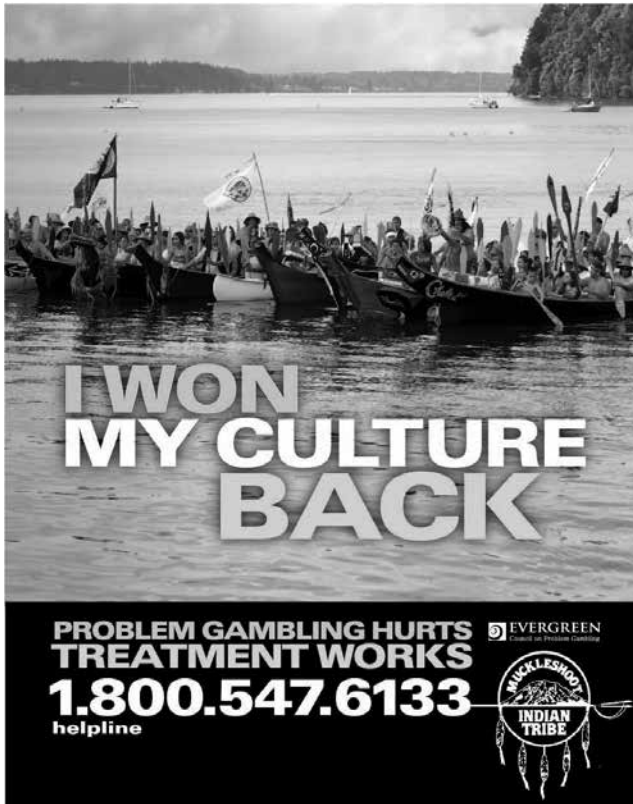
Recovery / Community / Culture

Cowlitz

Responsible Gambling Programs and Tribal Nations

Presented by Panel: Daniel Felizardo, D.Min, LPC, CDP, Brad Galvin, MS, CDP, LMHC, NCGC-I, and Melissa Hurt-Moran, CDP

Whether your tribal problem gambling treatment and prevention program is newly started or well-established, this session is for you! We will learn from each other's successes and challenges in creating our tribal problem gambling program. Subtopics to be covered include outreach, marketing, treatment curriculum, and provider credentialing; the session's focus will adapt to participant interest and need, so please bring your questions!



PRESENTERS



Rick Berman, LPC, CGAC-II, has more than two decades of experience working in the problem gambling field as a counselor, supervisor, administrator, and educator. He is a faculty member in the Graduate School of Education and Counseling at Lewis & Clark College in Portland, Oregon. He is also Director of Lewis & Clark Problem Gambling Services, a training and research clinic.



Andy Cartmill, CPS, QMHA, has 31 years of experience in community health education. He has presented to local, regional and national audiences concerning health, wellness, and the nature of addiction. Since 1997, Andy has served as a Senior Program Educator with Washington County's Addiction Services program, and is responsible for education and outreach. Andy is a certified trainer for suicide intervention programs QPR (Question Persuade Refer) and ASIST (Applied Suicide Intervention Skills Training), as well as Mental Health First Aid.



Stacy Charpentier, RCP, CPRS, joined CCAR in January 2013. As a recovery ally, Stacy brings her experience of having a parent in long-term recovery to her position as the Director of the Center for Addiction Recovery Training. She strives to develop and market new, innovative, and high-quality training programs for the performance enhancement of both CCAR Trainers and CCAR trained Recovery Coaches. Stacy believes that by putting a face on recovery, more people will come forward seeking help through hope and the possibility of sustained long-term recovery.



Peter Christensen is founder and president of Columbia River Pet Partners, a therapy animal organization of more than 200 members serving the greater Portland/Vancouver area. As a licensed Pet Partners instructor, Peter has guided hundreds of volunteers and professionals in becoming registered therapy animal teams to serve in schools, libraries, businesses, assisted living homes, hospitals, hospices, and private practices. Peter has a passion for helping to eliminate the confusion over the differences in service, emotional support, and therapy animals.



David Corse, LPC, ACS, CADC-III, CGAC-III, NCGC-II, is an experienced counselor, program manager, and clinical supervisor. In addition to managing and supervising co-occurring and problem gambling programming, David has taught clinical practicum and theory at the graduate school level. He has worked in mental health and addiction crisis as Operations Director for the Portland affiliate of the National Suicide Prevention Lifeline. He operates a private practice in the Portland area working with people dealing with substance addiction, process addiction (including problem gambling), relational issues, and mental health.

PRESENTERS



Louise Dix is the Education and Outreach/AFFH Specialist for the Fair Housing Council of Oregon. Ms. Dix is an ATD Master Trainer™. Prior to joining the Fair Housing Council, Ms. Dix administered the Community Development Block Grant, HOME and Neighborhood Stabilization Programs for 12 years, first for the City of Medford and then for the City of Gresham. She was involved in the development of housing policy for both jurisdictions and took an active role to assure that both communities were affirmatively furthering fair housing.



Don Feeney, MPP, MS, is President of the Northstar Problem Gambling Alliance, the Minnesota affiliate of the National Council on Problem Gambling (NCPG). Don served on the NCPG Board of Directors and was President from 2011 to 2013. His research interests include the relation between public opinion and gambling policy, public awareness of problem gambling, and gambling and popular culture. Don holds a Master's degree in public policy from Harvard and a Master's degree in Statistics from the University of Minnesota. In 2017, Don was honored with NCPG's award for lifetime achievement in advocacy.



Daniel Felizardo, MPA, CDP, is the Program Manager for the Puyallup Tribal Treatment Center, as well as an NIATx process improvement coach working with tribal behavioral health systems to improve access and retention in treatment.



Timothy Fong, MD is a Professor of Psychiatry at the Semel Institute for Neuroscience and Human Behavior at UCLA and Director of the UCLA Addiction Psychiatry Fellowship. Dr. Fong is also the co-director of the UCLA Gambling Studies Program, which examines the underlying causes and clinical characteristics of gambling disorder to develop effective, evidence-based treatment strategies. Dr. Fong is the faculty director of the UCLA Cannabis Research Initiative, which examines the impact of cannabis on body, mind, and brain.



Brad Galvin, MS, LMHC, CDP, NCGC-I, has more than a decade of experience in the chemical dependency, mental health, and problem gambling fields. Brad has served in multiple capacities within tribal behavioral health programs, including managerial and direct service roles. He helped to develop ECPG's Responsible Gaming Program policies and procedures training modules to help ensure potential gambling-related harm to casino employees and patrons is minimized. Brad currently runs the responsible gambling treatment program at Lummi Nation.

PRESENTERS



Jose Garcia, CADC-I, NCAC-I, CGAC-I, has been a CADC-I since 2002, and is also an NCAC-I and CGAC-I. He has been a member of the Advisory Board for Umatilla County's Local Alcohol and Drug Program Committee since 2003 and is a member of the Multicultural Advisory Committee on Problem Gambling for the State of Oregon. Jose is the director of New Horizons Treatment Program in Hermiston, Oregon. Jose is of Mexican ancestry and has resided in the US for the majority of his life.



Elizabeth Glavish, BA has a strong background in nonprofit communications, working in both the community prevention and mental health fields before joining the Evergreen Council on Problem Gambling staff in May 2016. A graduate of Central Washington University, Elizabeth holds a BA in Public Relations as well as a BA in Psychology, which she is excited to put to use for ECPG.



Michael Goldman, MA, LPC, PCGC, CRADC, CEAP, has been a trainer and certified addictions counselor for 34 years and a certified employee assistance program counselor for 29 years. As a trainer, he has developed and implemented more than 4,500 hours of wellness programs on topics such as stress management, conflict resolution, financial management, chemical dependency awareness, suicide, Dialectical Behavioral Treatment, mindfulness-based stress reduction, PTSD, and gambling disorder.



Jon Grant, JD, MD, MPH, is a Professor of Psychiatry and Behavioral Neuroscience at the University of Chicago where he directs a clinic and research lab on addictive, compulsive, and impulsive disorders. Dr. Grant is the author of more than a dozen books and 300 peer-reviewed scientific articles, and is Editor-in-Chief of the *Journal of Gambling Studies*.



Ann Gray, M.Ed, is the program manager for the state of Washington Department of Social and Health Service's Problem Gambling Program. She works with treatment providers across the state in a variety of geographic and culturally diverse regions. Ann also has thirty years of experience from her career in public education, working in culturally diverse school communities and presenting on cultural competency.



Maureen Greeley, BS, is the Executive Director of the Evergreen Council on Problem Gambling (ECPG), has worked with and for ECPG since 1998, and became Executive Director in November 2006. At the national level, she has held an Affiliate seat on the Board for the National Council on Problem Gambling and has also served as the NCPG Board's President. In 2013, she received NCPG's Don Hulén Award for Advocacy.

PRESENTERS



Lisa Harman is a PATH Certified Riding Instructor and certified as an Equine Specialist through PATH and EAGALA (Equine Assisted Growth and Learning Association). She specializes in working with people dealing with trauma, anxiety, post-traumatic stress disorder (PTSD), and addiction. With more than four years experience in equine-related curriculum and program development, she is expanding the Equine Facilitate Learning program.



Eva Hawes, MPH, CHES is the Translational Research and Policy Analyst for Washington County Health and Human Services Department. She holds a Master's in Public Health degree in Epidemiology and Biostatistics, and is a Certified Health Education Specialist. Eva provides data analytics and research support to all divisions within Health and Human Services, including the gambling prevention program. She has a background in survey design and analysis with a focus in prevention.



Roger Humble, CADC-II, CGAC-II has been in the Health Care and Addiction field for more than 30 years. He began his counseling career at Bridgeway in 2004 in the detox program, and worked there in several different capacities including intern supervisor and clinical supervisor for residential services. He also provided basic gambling supervision and education for entry level addiction counselors. Roger has been in his current position at Linn and Benton Counties as the problem gambling specialist since 2013.

Melissa Hurt-Moran, CDP attended Eastern Washington University, and has been working within the addictions field since 2005. During that time, she has worked with those that are specifically struggling with their addictions to gambling which adds additional complications to their healing process. She currently works with the Kalispel Tribe of Indians and is remodeling their Responsible Gaming program.



Maggie Koziol, MS is Director of Training at the Florida Council on Compulsive Gambling where she works closely with pari-mutuel facilities to design and implement Responsible Gaming and Player Protection Program Training. She works all across the State of Florida, raising awareness of problem gambling and communicating prevention messages to diverse audiences and organizations. Ms. Koziol's experience includes developing and maintaining course curriculum and managing the CE approval process required for professional licensure, certification, and renewal of state and national licenses of multiple professions.

PRESENTERS



Dalis La Grotta, MA, LMHC, NCGC-I, WSCGC-I has a rich and culturally diverse background. Born in Panama, Dalis left at the age of 18 to attend the University of Puerto Rico. She earned her Bachelor's degree at Pontifical Catholic University, and then moved to Portland, OR. In 2001, she earned her Masters of Art in Psychology from Seattle University. Since 2000, Dalis has worked in the mental and behavioral health fields in culturally diverse settings and public health agencies. Dalis is currently working in private practice in Sequim, WA, where she specializes in gambling addictions.



Jim Leingang, BA, CDP, WSCGC-II served the community as a Chemical Dependency Professional and Certified Problem Gambling Counselor with Providence St. Peter Hospital. He also brings experience in promotion, advocacy, and public speaking from working in broadcast media. He received his BA in Human Services from The Evergreen State College and is a graduate of the Addiction Certification program at Pierce College. Jim is now the Community Engagement and Advocacy Specialist for ECPG.



Ty Lostutter, PhD is an Assistant Professor of Psychiatry, Center for the Study of Health and Risk Behaviors at the University of Washington, and the President of the ECPG Board of Directors. His work is focused on the etiology, prevention, and treatment of problem gambling, and conducts research on other addictive behaviors, substance use, HIV prevention, and cultural issues.



Phong Ly, MS, CDP, ICGC-I has a Master of Science degree in Addiction Counseling and works as a Chemical Dependency Professional and Problem Gambling Counselor at Asian Counseling & Referral Service in Seattle. For the past 15 years, he has been providing multilingual and cultural competency behavioral health, addiction, and recovery support services to vulnerable populations, including immigrants and refugees. His long-term professional goal is to develop a culturally sensitive and competent integrated addiction treatment center for vulnerable populations.



Marla Majors, LMHCA, CDPT is a Mental Health Therapist and is certified in three levels of Positive Parenting Program (Triple P), is a certified Alcohol Drug and Information School (ADIS) instructor, and is pursuing her license for Chemical Dependency Professional, and Problem Gambling Counselor Certification. She subcontracts through Multicultural Child and Family Hope Center with Children's Administration, providing therapeutic services to families involved with Child Protective Services. She is Clinical Director and Recovery Coach for the Tacoma Recovery Café, helping individuals seeking support for chemical dependency and homelessness.

PRESENTERS



Jeff Marotta, PhD, NCGC-II is President and Senior Consultant with Problem Gambling Solutions, Inc. Jeff has a Doctorate in Clinical Psychology and is certified as an NCGC-II. He has served as a university instructor and researcher, a mental health clinician, a government administrator, and executive director for non-profit organizations. From 2000 to 2007, he administered and developed the State of Oregon's problem gambling treatment and prevention system, and has since assisted with the development of programs and policies to address problem gambling.



Eric Martin, MAC, CADC-III, PRC, CPS is Past President and Director Emeritus of the Addiction Counselor Certification Board of Oregon (ACCBO). He is a state and nationally certified addictions counselor with 26 years of clinical experience in inpatient psychiatric hospitalization, residential and outpatient addictions treatment, and alcohol, tobacco, and other drug prevention. He serves in a leadership capacity to numerous community boards, including New Columbia CREW, the African American Addiction Recovery and Counseling Association, Voices of Problem Gambling Recovery, and as legislative liaison for ACCBO.



Kitty Martz, CGRM is a Certified Gambling Recovery Mentor and lifetime rider who has participated in equine activities as an important part of her own problem gambling recovery. Her passion as a peer support specialist is to motivate clients to increase their meaningful connections, participate in vital absorbing lifestyle activities, and heal their traumatic wounds, all of which she has personally experienced as possible through equine activities.



Teresa McDowell, Ed.D, LMFT is a co-founder of Lewis & Clark's Problem Gambling Services. She is the lead investigator in a funded research project identifying mediators of change in problem gambling treatment. She is a family therapy educator, supervisor, scholar, and researcher who has been involved in family treatment for problem gambling for the past 5 years.



Jeanne Meyer, MS, LMHC, LPC, MAC has more than 20 years experience working in the mental health field, including substance abuse treatment. She is a Certified Therapist in Eye Movement Desensitization and Reprocessing (EMDR), which she uses for a number of health issues including simple and complex PTSD and physical problems that have an emotional component.

PRESENTERS



Debra Neal, LCPC, BACC, ICGC-II began working with problem gamblers in 2000. She has two decades of clinical experience working with families, couples, and individuals affected by mental health and substance abuse. Ms. Neal treats a large population of problem gamblers and families in problem gambling recovery using an intensive outpatient, solution-focused framework. Her focus is long-term engagement using Motivational Enhancement, CBT, and family therapy modalities.



Azusa Ogawa, MS, CGAC-II, CADC-I, is the first and only native Japanese person who is a Certified Gambling Addiction Counselor in Oregon, and has been since 2013. She was on the Multnomah County Asian Problem Gambling Advisory Committee beginning in 2012. Azusa is an active member of the Multicultural Advisory Committee for Problem Gambling Services in Oregon and focuses on providing outreach to the Japanese population who are affected by problem gambling in Oregon.



Janese Olalde, M.Ed, MFT, CADC-II, CGAC-II, has more than 17 years of experience in the addiction field and 18 years as an educator. She has worked with Spanish speaking clients for more than 16 years and has been involved in the Latino community for more than 30 years. She has a Master's in Couples and Family Therapy, works as an addictions trainer, and has a private therapy practice in both Spanish and English in Eugene, OR.



Melodie Pazolt has more than 30 years of experience in community rehabilitation with people with mental illness and with developmental disabilities. She was the manager of the Columbia River Mental Health Services Clearview Employment Program. Prior to her position at DSHS – DBHR, she worked for the Clark County Department of Community Services as the Consumer and Stakeholder Affairs Manager. Ms. Pazolt is currently the Recovery Support Services Supervisor for the Division of Behavioral Health and Recovery.



Peter Drake Pennington, LPC, NCGC-II founded END Problem Gambling, Inc. to educate communities about gambling addiction, connect people with recovery resources, and improve treatment solutions. He has worked on documentary films, social media campaigns, and public speaking projects across the country. He is a certified Grief Recovery Specialist trained in using the Grief Recovery Method with gamblers to address the underlying trauma that creates a need to escape through unhealthy behavior.

PRESENTERS



Marc Potenza, MD, PhD is a board-certified psychiatrist with sub-specialty training and certification in Addiction Psychiatry. He is a Professor of Psychiatry, Child Study, and Neuroscience at the Yale University School of Medicine, where he is a Senior Scientist at the National Center on Addiction and Substance Abuse and the Director of the Problem Gambling Clinic, the Center of Excellence in Gambling Research, and the Women and Addictive Disorders Core of Women's Health Research at Yale.



Cary Retlin is the Behavioral Health Housing Administrator at the Washington State Department of Commerce. He is committed to improving housing for people with behavioral health and substance use challenges, especially those who are homeless or at risk of homelessness. He headed up the Statewide Reentry Council and served as interim Executive Director. The Council is focused on increasing the success of people reentering the community after incarceration. He also staffed the Governor-appointed Affordable Housing Advisory Board.



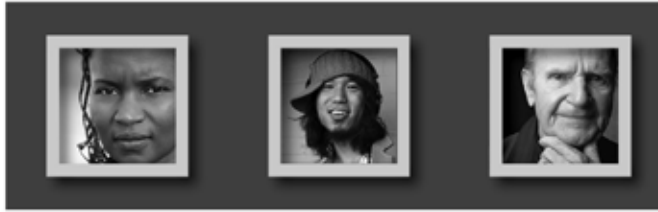
Troy Robison, PhD is a clinical psychologist at VA Puget Sound and facilitates a gambling disorder treatment group for military veterans in the Addiction Treatment Center at the American Lake campus. His primary clinical focus is on the residential treatment of substance use disorders and co-occurring mental health concerns. Prior to his time at Puget Sound, he worked as a post-doctoral resident in the Gambling Treatment Program at the Louis Stokes VA. His other clinical interests include mindfulness based interventions and behavioral couples therapy for substance use disorders.



Tracy Simpson, PhD has more than 25 years of research and clinical experience studying and treating addiction, trauma, PTSD, and co-occurring substance use problems, and has been providing these services at VA Puget Sound for 18 years. Her primary areas of expertise include conducting randomized clinical trials evaluating promising medications and behavioral interventions for alcohol use disorders. She also has particular expertise regarding women veterans' substance use and harm reduction approaches to treating addictions.



Commissioner Chris Stearns is an attorney specializing in Indian law. He served four years as Counsel to the US House Committee on Natural Resources and was the first Director of Indian Affairs for the US Department of Energy. He is past Chairman of the Seattle Human Rights Commission. He was appointed to the Washington State Gambling Commission in July 2013 and, in October 2014, was unanimously elected Chair of the Commission. He has been instrumental in keeping gambling legal and honest in the state of Washington.



Residential
Treatment Services Support
for Problem Gamblers*
(*Washington State Residents)

To determine if your client may be eligible for funding support for residential treatment, contact the Evergreen Council on Problem Gambling.



STILLAGUAMISH TRIBE OF INDIANS

Sq^wali 'abš

people of the river - people of the grass



"Whatever the future holds, do not forget who you are!
Teach your children, your children's children, and then teach
their children also. Teach them the pride of a great people...
A time will come again when they will celebrate together with joy.
When that happens my spirit will be there with you."

Leschi, Last Chief of the Nisquallies
1808 ~ 1858





ECPG Summer Quarterly Training

SAVE THE DATE!

June 4-7, 2018

LOCATION:

Bavarian Lodge - Leavenworth
810 US Highway 2,
Leavenworth, WA 98826



ROOM RATES:

Rooms are \$132 per night plus tax.
To reserve a room, call 509.888.8808
and be sure to mention you are with the Evergreen Council.

SCHOLARSHIPS:

To see if you qualify for a scholarship,
contact ECPG at 360.352.6133 or go online to www.evergreencpg.org.

SCHEDULE:

Introductory Training

Monday, June 4 - Wednesday, June 6, 8 am - 5 pm

Thursday, June 7, 8 am - 3 pm

Advanced Training

Monday, June 4 - Tuesday, June 5, 8 am - 5 pm

Recovery Coach Academy Spirituality Training

Wednesday, June 6 - Thursday, June 7, 8 am - 5 pm



**For more information visit
www.evergreencpg.org**





Celebrating 10 Years

FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference



*Honoring Our Past
Protecting Our Future
Through Holistic Health,
Wellness, and Recovery Support*

SAVE THE DATE

OCTOBER 1 - 4, 2018

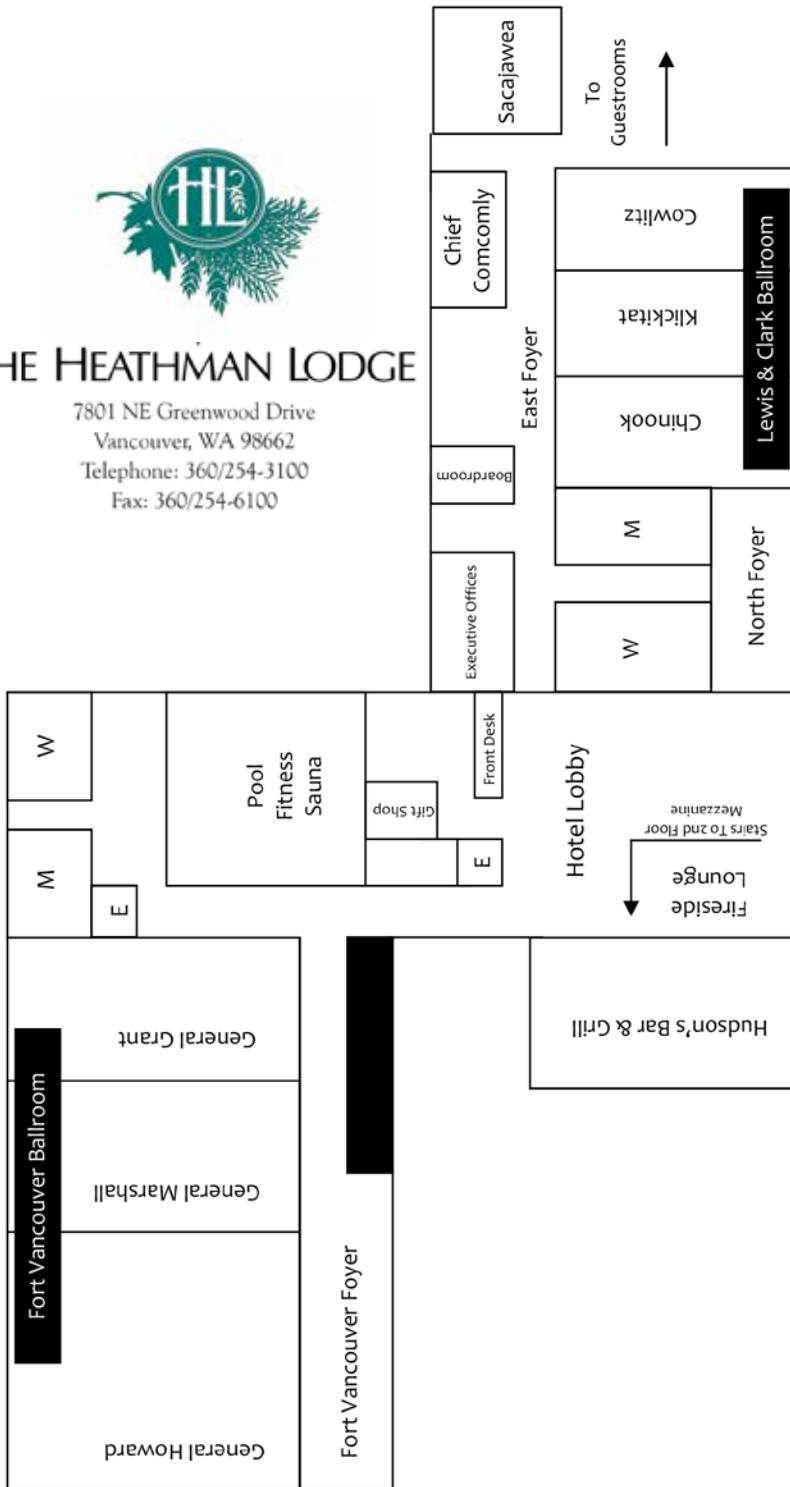
**Little Creek Casino Resort
Shelton, WA**






THE HEATHMAN LODGE

7801 NE Greenwood Drive
 Vancouver, WA 98662
 Telephone: 360/254-3100
 Fax: 360/254-6100



FOCUS ON THE FUTURE

April 30–May 3, 2018 | Vancouver

MAIN CONFERENCE SCHEDULE AT-A-GLANCE

Wednesday, May 2

| | |
|---------------------|---|
| 7 - 8:15 am | Registration and Continental Breakfast |
| 8:15 - 10 am | Welcome & Keynote |
| 10 - 10:15 am | Break / Exhibits |
| 10:15 am - 12:15 pm | Morning Breakout Sessions |
| 12:15 - 12:30 pm | Break / Exhibits |
| 12:30 - 1:45 pm | Lunch Plenary |
| 1:45 - 2 pm | Break / Exhibits |
| 2 - 4 pm | Afternoon Breakout Sessions |
| 4 - 5:30 pm | Recovery Celebration and Recovery Services Fair |
| 5:30 - 7 pm | "The Anonymous People" film with Facilitated Discussion |
| 5:30 - 6:30 pm | Open GA Meeting |



Thursday, May 3

| | |
|-----------------|--|
| 7 - 8:15 am | Registration and Continental Breakfast |
| 8:15 - 10 am | Welcome & Keynote |
| 10 - 10:15 am | Break / Exhibits / Hotel Checkout |
| 10:15 am - Noon | Morning Breakout Sessions |
| Noon - 1:30 pm | Lunch Plenary |
| 1:30 - 3 pm | Afternoon Breakout Sessions |
| 3 - 3:15 pm | Break / Exhibits |
| 3:15 - 4:45 pm | Afternoon Breakout Sessions |